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The Bugle MAGAZINE

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Introducing HydraFacial®

at Umhlanga Laser and Aesthetic Clinic

Last week, local celebrity, Sorisha Naidoo launched the HydraFacial®, a revolutionary new technology in ultimate skincare, at her establishment, the Umhlanga Laser and Aesthetic Clinic (ULAC) in Umhlanga. HydraFacial® is a medical-grade hydradermabrasion device that carries out a patented three-part regimen cleansing, exfoliating, and then infusing skin with intensive serums. This customisable treatment improves skin clarity, tone and hydration for immediate results with no downtime. It is an excellent monthly treatment to keep skin looking fresh and healthy. Call ULAC today to make your appointment 031 5666 936 or 071 3403 413.

Seen above: Umhlanga Laser and Aesthetic's owner Sorisha Naidoo with Sheaam Khan, representative for Nuangle, distributor of HydraFacial®

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Through my eyes

by Kasia Yoko

"I discovered to my joy, that it is life, not death, that has no limits" – Gabriel García Márquez

RIP Sadredin Mirghavamedin

March has marched on and the heat has made us realise just how important staying hydrated is, not just for our bodies but also for our overall good health.

My friend Sadri, died last week in Phnom Penh. He wasn't one who cared much about healthy living but it came with the territory, I guess. Born in 1969, like me, Sadri liked living on the edge and this is what I loved about him.

He was an Iranian refugee who landed up in England with his family in 1981, the same year my family and I escaped Poland. Like me, Sadri, whose full name is Sadredin Mirghavamedin, was a refugee and like me he was missing his roots.

Su & Sadri

Our lives had been bundled and buried inside a box that was packed when our lives were torn apart from everything familiar. Everything that meant anything to us suddenly no longer existed. We were both just 11 years old.

Sadri was born to a blue blood Persian family whose ancestry enjoyed decades of political, religious and fundamental global influence. His mother is a jewellery designer, his father, a businessman, wealthy but distant. Sadri achieved all the trappings of success and even had an international career in fashion, working with corporate brands. He once told me that he would only wear Hugo Boss and his cupboards were filled with designer suits, I believed him.

He was private school educated, polished and refined and even though I only met him when he wore the same 70 baht flip-flops and tee shirts and shorts every day, he never felt the need to change, he was always super suave.

When we met Sadri has been living in Thailand, on the little island of Koh Samet, it was December 2004. Tomas and I and our two young boys had just survived the biggest tsunami disaster in Myanmar, and like thousands of people we were looking for shelter from the devastation. Sadri and his girlfriend Su had just opened a little pizzeria on the island, called Saphron. They were living a simple life and living the dream with their cool dog Ruby.

It was obvious to everyone what a big heart Sadri had. After speaking to my children and learning of our ordeal, he closed down the restaurant for 10 days and said to my boys: "And now we will have a proper Thai holiday."

And he was true to his word. We rented scooters and scooted around the island during the day and cooked in his massive pizza oven, talked about Iran and it's astonishing culture. Sadri taught my boys to make pizza from scratch, a skill they are proud of to this day. For ten days we played, holidayed, and healed. Then we left for home, however our friendship continued for over 18 years always hoping and planning for a reunion.

Anyway during those ten days Sadri showed so much interest in our Newspaper Publishing formula that I felt obliged to show him how he too could publish his own newspaper on Koh Samet, called Samet Times. He was really sharp and got very far with his publication, having brands like Moet and Royce Rolls advertising in his pages.

But that did not last long, Sadri uncovered some strange dealings on the island and being a local newspaper owner investigated the story maybe too deeply and stepped on some very important toes and not long after that, he was literally forced out of Thailand, settling in neighbouring Cambodia.

It was Su who delivered the tragic news last week.

As I write this, Sadri's family is laying him to rest in Phnom Penh.

His broken hearted mother has not come for his send off, Su lamented, "Kasia, she still not believe." Her beloved son is no more.

I wish Sadri knew how amazingly talented he was and how extraordinarily empathic and kind he was to us when our lives were so badly shattered.

Being a refugee comes with a baggage that is sometimes too heavy to bare. Often we feel like we are the outsider, not fitting in to a structured world.

Sadri was a beautiful soul, stuck with refugee status. I fear and pray for a different outcome for all the refugees that are crossing borders. Whether its Ukrainian, Iranian, Syrian Cuban, wherever you come from I wish you may find the peace you are seeking.

Farewell Sadri

Dear Ed,

RE: ETHEKWINI CITY MANAGER

Following the invitation of applications by public advertisement EThekwini Municipality is in the process of appointing a new City Manager on fixed term contract .S. Nzuza (Mshazi)was the last incumbent and had the" luxury" of being on full paid leave for about 2 years having been suspended as he is accused of gross fraud and corruption re the multi-million Rand waste removal tenders.

It is hoped that the City Council will now be able to appoint an outstanding, extraordinary, innovative person with a proven track record regarding executive management and significant achievements, coupled with multifarious skills and out of the box thinking capability. The City can do with such a high caliber person especially as it has recently sunk to shocking low levels in executing its primary constitutional obligation of effective and timeous service delivery. Yet despite the latter scourge, the gloating still persists!

The City can ill afford a tepid and mediocre appointee, political lackey/crony or a yes man /puppet. It is believed that the City Manager, as in the past, will earn a salary in excess of the country's President . Is this not preposterous and reminiscent of the gimmicks and tomfoolery in the mega bucks wrestling world?

In my umpteen years of working at the old and current Metro (Durban) I fully understand and know what the City really needs having worked at EThekwini under various Town Clerks/City Managers such as G Haygarth, E Morton, F Dlamini (Sibalikhulu), M Sutcliffe (Sokhela), S Sithole (Jobe)and S Nzuza, all of the foregoing were top employees, save S Nzuza who was tepid. I also worked at the City under Mayors O Mlaba (Ximba) , J Nxumalo (Zwide)and Z Gumede (Qwabe).The former 2 were sterling first citizens while the 3 rd one is a co-conspirator and partner in crime , fraud and corruption, together with S Nzuza and other delinquent officials and past and present councillors. I also worked under various Acting City Managers and Mayors over different periods. Re the latter, I firmly believe that it would be retrogressive to appoint the current Acting City Manager (M Mbhele) or his predecessor (S Cele-Ndosi) as both are simply ordinary. I had worked with them too.

Durban (EThekwini) is one of only a handful of Metros in the country and the only one in KZN and the sole entity with a non-Executive Mayor. It now needs to be rightfully propelled into the international arena, hopefully with the new City Manager tasked to bring this to fruition.

Simon Timothy Dehal,
Verulam

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Fabulous Fabrica opens another store in the heart of Durban North

Zemvelo Ndlovu Manager of Fabrica at Glenore Centre in Glen Ashley

Tome De Carvalho, Director at Fabrica Coffee Company, has opened another fabulous brassiere styled restaurant in the heart of Glen Ashely, in Durban North. Tome has been rebranded the existing coffee shop into his very own Fabrica brand and his customers love the transformation.

"Fabrica Coffee, has been such a spectacular success in Sunningdale," Tome told The Bugle, "My customers have been urging me to open more stores."

Holding the helm for Tome in Glenore Centre is a young man Zemvelo Ndlovu. Zemvelo is from Mariannehill and has been in the restaurant for over twenty years, working his way through the ranks, having started his career in the restaurant trade while still in High School.

"Fabrica is Tome's brand and everyone loves it." Zemvelo said, "It has a very large selection of foods that appeal to all ages groups, it is priced right and the portions are fair. What I love to see is how satisfied our customers are after each meal."

The interior of the restaurant received a fantastic makeover with wild, vivid animal prints brightening and cheering the entire space.

The interior of the restaurant received a fantastic makeover

Zemvelo is the perfect host; he enjoys people and is only too willing to assist. Whether it's in the kitchen or front of house, he is always happy and positively charged and wants to ensure that his customers are all well looked after.

"There is something magical about this restaurant, a special kind of light," Zemvelo said, "Not only do we serve the best coffee according to our customers, we also cater for vegan and vegetarians. We love serving all age groups and there is something for everyone on our menu."

Join Zemvelo and his team at Glenore for breakfast or lunch. Or try one of their other outlets in Sunningdale or Tiffany's in Salt Rock. For more check out their website on www.fabricacoffeeco.com.

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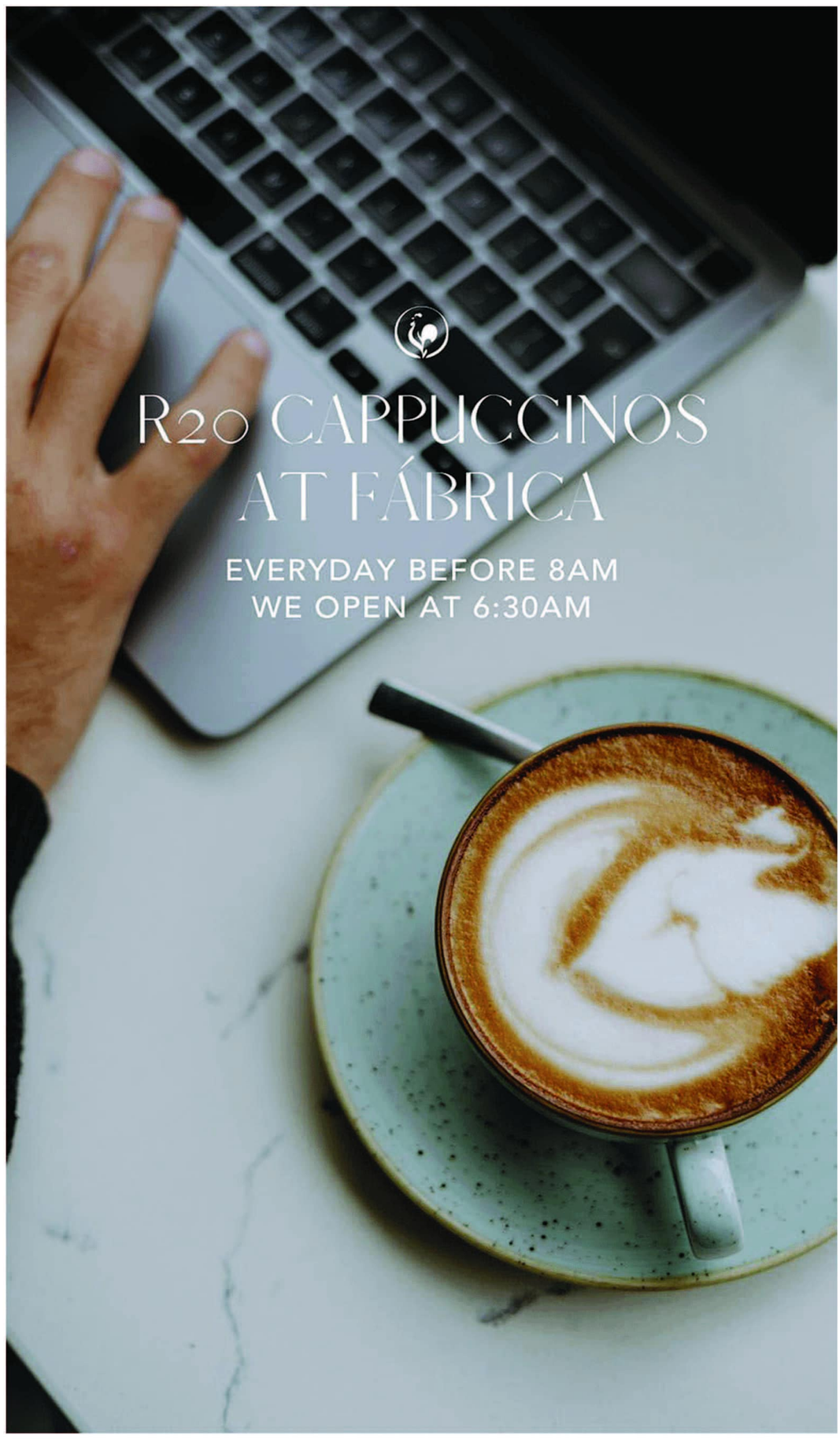

17 Piece Mixed Pastries

6 French Mini Croissants, 6 French Chocolate Torsades, 5 assorted Danish Pastries, garnished with fresh seasonal fruit and mint. Heat and eat or serve at room temperature. (Halal)

R239

22 Piece Mixed Platter

2 each Cheese puffs, Beef puffs, Chicken squares, Spinach & feta and Pepper steak, 4 Chicken sausage rolls, 4 Mutton sausage rolls and 4 Beef sausage rolls with sweet chili sauce dip and garnished with parsley. (Halal)

R202

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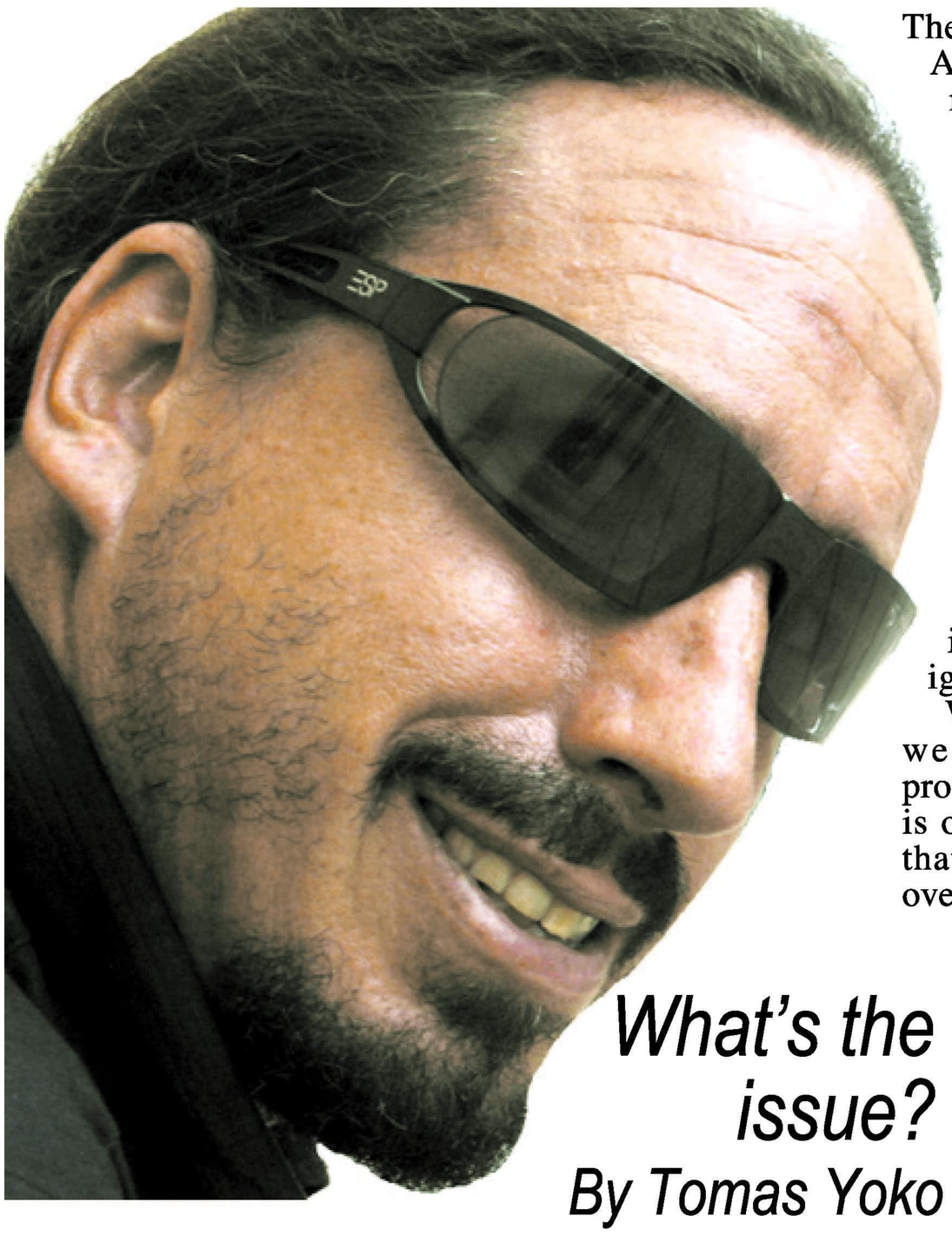


What's the issue?

By Tomas Yoko

The World has gone mad! And it seems it's taking me with it. What an outrage to the horrific attack on Ukraine, and the mindless outbursts that leaves the complainant's ignorance bare for all to see. But few will notice because the mainstream media has done such an amazing job of formatting their minds for them that they are in total ignorance of their ignorance.

War is disgusting and we the people should protest against it because it is our sons and daughters that die in the tug of war over power and money, that the elite class are wrangling with each other for. Putin couldn't take the seven to eight year war that has been raging in the Donbass region and the political threat of NATO's continued Eastward expansion, and the whole world is in a tirade! Say what of the seven-year war being fought in Yemen. Again the same shadowy figures in the wings, British, French and American arms dealers signing billions and billions of dollars worth of weapons over to the coalition forces, forcing their political will on a rebel nation? No major outcry there, no "Cancel Culture" sanctions for the bombers of the women and children of Yemen. In 2021 they were approaching the twenty thousand mark for civilians killed and injured in the conflict. It has been called the largest humanitarian crisis in the world for a few years now. Where are the protests? No sanctions for the US, UK or France, all in support of Abdrabbuh Mansour Hadi, and the bombing of the Houthis has been going on for six years. Same guys again and again, always where the death and destruction happens, the same culprits are involved.

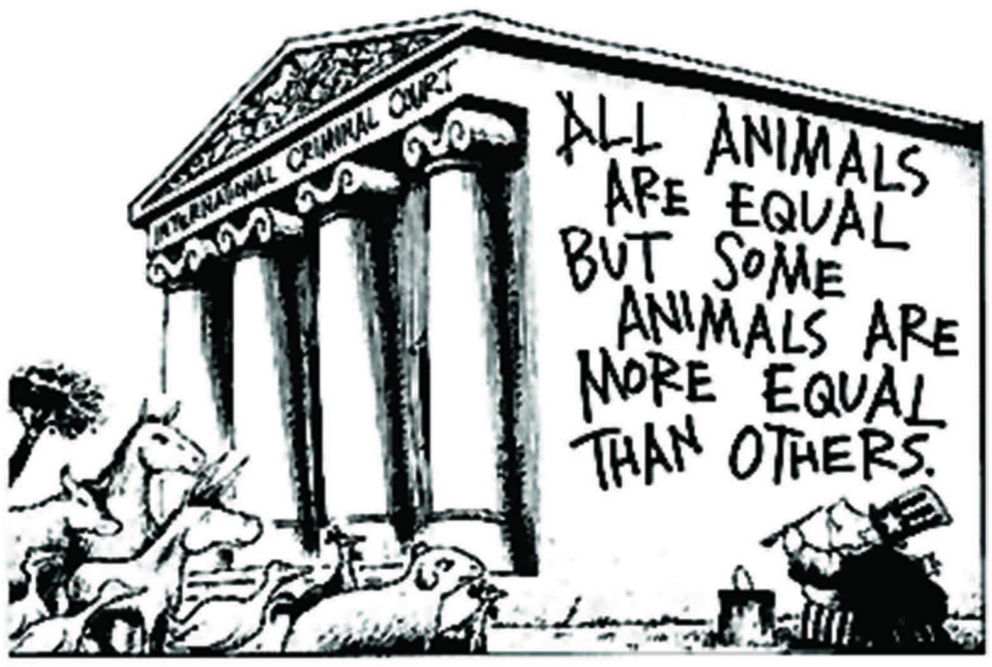
Now we the people talk of climate change and saving the planet. We will never be able to save this planet until we rip the mask off the face of the war machines that perpetuate war in the world for profit and power. Nobody wins a war. The planet and environment suffer and we the people are further enslaved by wars.

All this while French president Macron toys with the idea of food vouchers, China accuses the US of being the "world's biggest human rights violator" and Sleepy Joe Biden comes out to say that the US must lead the "new world order".

The madness continues now with the US bringing out its old trick card, chemical weapons. The sing song from the US is once again a hype of the possible threat of Russia using chemical weapons. Again like in Syria, where they had egg on their faces caught off sides and then "deny till you die" and pretend it never happened. The threat of chemical weapons means the US will then maybe consider getting some troops over there to escalate the madness, maybe a few more plane loads of arms.

All this while countries in the EU stockpile iodine pills and nuclear protective gear, while one country even considered injecting its children against radiation sickness.

Is this the madness we want our leaders to drag us into, kicking and screaming? What?



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8	5	6	7	2	1	4	9	3
1	7	3	4	6	9	5	8	2
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"There is no greatness where there is no simplicity, goodness and truth." Leo Tolstoy

The Amazing HydraFacial® Now Available in Umhlanga

Sorisha Naidoo launches her latest beauty implement at Umhlanga Laser and Aesthetic Clinic

From left to right: Umhlanga Laser and Aesthetic Clinic's team; Sakina, Siphokazi, Eunice, Sheaam, Sorisha, Chanell, Bonisiwe, Hlengiwe and Priya

All facials are created equally, right? Nothing could be further from the truth. While there's no doubt your skin can benefit from almost any professional facial, the HydraFacial® offers exceptional advantages. It uses a patented technology to cleanse, extract, and hydrate your skin in three easy steps and just 30 minutes of your time.

Lets be frank, everyone wants smooth, bright, and youthful-looking skin. For most spending a fortune on oils, creams, essences, and serums in a multistep skin-care routine is the norm, when trying to achieve a natural glow but for those who seek instant gratification, the HydraFacial® is a revolutionary new method to achieve optimum skin radiance in just one facial.

Umhlanga Laser and Aesthetics Clinic has brought the exclusive trendy treatment, called the HydraFacial®, into their clinic as a way to pursue and maintain long-term skin health, which makes this facial more than your typical spa treatment.

The HydraFacial® is one of the most popular facial treatments globally, right now. In fact it's so popular, one is performed every 15 seconds around the world. That statistic alone is impressive. This treatment has become the go-to facial for celebrities, like our very own Sorisha Naidoo, actress and business entrepreneur who has tried the latest technology, and has given it her mark of approval by installing it in her salon.

"When I was first introduced to this technology some years ago, I was not interested," Sorisha told invited guests last week, "But having researched and studied this technology further, I just knew I had to have it in my clinic because it targets many of the most common skincare concerns like dryness and signs of aging with little to no side effects and no down time."

For those unfamiliar with the technology, the HydraFacial® is a medical-grade resurfacing treatment that clears out your pores. Plus it hydrates your skin. It's offered across the country at licensed professional facilities, or where a certified HydraFacial aesthetician is present.

"The treatment includes cleansing, exfoliating, extracting, and hydrating the skin with serums that are infused into the pores with the HydraPeel Tip, a pen-like device." Said Sheaam Khan, representative for Nuangle, the company distributing HydraFacial®. This revolutionary process has the ability to brighten, tone, and firm the skin through the use of its gentle suction and serum boosters. For example, the eye replenishing serum made by HydraFacial® improves skin hydration and gently removes the surface layer of dead skin cells. High quality ingredients such as Avena Sativa (oat) kernel extract, Arnica Montana flower extract, and Mucor Miehei extract are used in this gentle yet powerful booster. This plant-based serum is vegan friendly and helps with anti-aging thanks to its skin-smoothing properties. The Mucor Miehei extract also provides skin smoothness, clarity, and overall brightness and skin hydration.

The HydraFacial® works to deep-clean, exfoliate, and hydrate your skin. This professional procedure may help treat a variety of skin conditions, including acne, dryness, and wrinkles.

Rather than blasting the skin with grit, the traditional dermabrasion, this gentler approach vacuums out pores while simultaneously pushing in potent actives, which moisturize, brighten, plump, and protect. The machine's hand piece holds patented specialised 'treatment tips', equipped with "vortex technology" . Beyond the standard four steps, there are targeted add-ons, or boosters, which take aim at unique skin concerns, like brown spots or nagging lines.

The non-invasive procedure is similar in principle to a regular facial you might get from a clinic, but is said to provide more dramatic results. The mechanized wand used on your skin will deeply clean and exfoliate and deliver serums customized to your skin type.

After a HydraFacial®, you may notice smoother, more radiant skin, possibly with a more even skin tone. The results are said to be noticeable immediately, without any visible signs of irritation.

Call ULAC today to make your appointment 031 5666 936 or 071 3403 413 or visit their website for more treatments www.umhlangalaser.co.za

'The Silence in the Garden'

By Jo Rushby from Ikes Books

My niece Maddy visiting from York in Botanic Garden

The red brick terraced houses were squashed together like curry in a bunny. The front garden, the tarmac. My grandparents lived here. I remember two things; a pantry room leading off the kitchen, its' shelves stocked with jams, puddings and pickles, and at the end of their street, a high wall with a wooden door. A huge iron handle. This was the entrance to the manor house garden. Wood guarding wood. My grandfather had the key to this door. Head gardener of this temple.

My grandfather taught me how to watch plants nurture grow and flourish. To drink in solace and beauty.

Recently, when twilight threatened day, I went to the Botanic Gardens in Durban. My niece Maddy (short for Madeleine let me hasten to add) is visiting from York. Hand in hand we enter the Gardens. The quietness is stark. Do trees absorb sound? Do ponds slurp them into silence.

A buttercup winks. A frog turns into a Prince. The water lily rests. The sycamores swaying languidly cooling the roses.

Maddy has wandered between the flowing tendrils of the banyan tree. I sit on the bench. I am halfway through William Trevor's The Silence in the Garden. He writes with a delicate hand, that evokes colour and precision, an embroider of the quotidian; "In the teashop, when she'd taken her coat off, there'd had been a tiny brooch, a single sapphire in a gold setting, pinned to the black material of her dress. A hat you hardly noticed-black also-was worn a little to one side.'

Autumn will come. The leaves will start to turn orange. In winter they will fall only to spring back to life. But there are threats. On the Ridge, giant monstrosities stare down on the Gardens. Those who give of their time as volunteers are evacuating the city. Budgets are to be pruned by the City Fathers.

A city of death, distinct with many a tower…

The dwelling-place
Of insects, beasts, and birds, becomes its spoil;
Their food and their retreat for ever gone,
So much of life and joy is lost. Shelley

Maddy is slowly making her way towards me. Nearly 6 foot and still only 18. I know instinctively I will give her the brooch that has clung to me through the decades on the move. Lineages of the family, like the Botanic Gardens, must be preserved, so that 'life and joy' is never lost.

"Many a doctrine is like a window pane. We see truth through it but it divides us from truth." Kahlil Gibran

How this student turned his hydroponic farming dream into a reality

Mongezi Dlamini

As the ENGEN Pitch & Polish programme celebrates its twelfth year running and calls for new inventors and innovators to enter, it takes a look back at some of the amazing success stories to come out of the competition. Here, Mongezi Dlamini, a contestant in 2018 and owner of Anonaya Gardens, shares his experiences of the competition and his entrepreneurial journey so far.

"I grew up in Ixopo on the south coast of KwaZulu-Natal and studied micro and cell biology at the University of KZN. The idea for my business started when we were doing a practical in class. We were testing the effects of nutrients on plants and I was intrigued that this could be done without the use of soil so I started researching hydroponics."

"I started by growing vegetables but the market wasn't really good so I have been researching how to grow special food using hydroponics. I have been growing strawberries and other berries. I'm also introducing bell peppers, which is a whole new thing in hydroponics (I'm not ready to share my secrets yet). Because I am at a university with great minds, I have consulted with lecturers about making hydroponics organic and cost efficient (conventional hydroponics make use of chemical fertilisers). I was told that this would take time to achieve and am working with a lecturer to help me make the project more scientific and agricultural. Right now we are working on how to use algae as a fertiliser instead of chemicals. Algae is cost effective and very nutritious so we are really aiming to be ahead of the rest."

"I attended the Pitch & Polish programme in Durban as a workshop delegate. I was very impressed; it was something I had never seen before so I entered the competition the following year. I made it to the semi-finals and, on our last day of training at Raizcorp's offices in Sandton, Allon Raiz asked me what I was doing differently. When I told him, he said my idea was still immature and that I didn't have a unique selling proposition. He said that when people became more familiar with the concept of hydroponics, I would just be another guy who does it. That hurt me a lot but now I know he was telling the truth and that I need to be different. It's one of the main reasons I am researching the organic side and trying to grow new and different products."

"Being an entrepreneur takes a lot of patience and discipline. It's not an overnight thing so you need to be obsessed rather than passionate because passion dies. I am so grateful and thankful for the all the teaching and the opportunity I was able to walk away with from partaking in this competition."

Visit www.pitchandpolish.com for more information or to register for the 2022 ENGEN Pitch & Polish workshops and competition.

Domestic Worker Looking for Work in Ballito

Our Domestic Worker Phile is looking for work three times a week in Ballito. Her number is 072 7881 498
For references: call Maria 071 3808 880

Window Onto Nature's

The Ancient Palm Family Significant in Nature and to Mankind

By Environmentalist and Green Campaigner Jill Theunissen

Along the entire Natal Coast and northwards, Mother Nature has dressed the sub—tropical landscape with a lush evergreen fashion display. A prominent species, The Palm Family, are amongst the oldest known flowering trees occurring naturally.

In pure stands the large fan-shaped, thick grey-green leaves of the Lala Palm (Hyphaene coriacea) beckon the traveller. The clumps host long branching yellow flowering swathes with single sexes on different trees. The hanging bunches of shiny, dark brown fruits take two years to ripen. The hard, white kernel inside is similar to vegetable ivory and suitable for carving into small ornaments. The Palm heart and young leaf shoots are edible, while young leaves are useful in basket weaving. Where this Palm is newly planted several clumps should be introduced together, with space allowed for growth.

The Coconut Palm (Jabaeopsis caffra) is now Rare, on the "Endangered List", with scarce stands only on the north banks of the Msikaba and Mtentu Rivers, in Pondoland, up to 5 km inland. This Palm maintains the sexes separate, but on the same tree, with erect branches of cream flowers. The typical hanging bunches of copious orange fruit ripen gradually, taking a year to mature. Our most valuable Palm which occurs within many watercourses along the Natal Coast, and beyond, is the Wild Date Palm, (Phoenix reclinata). It is adaptable to grasslands and forests and often found near old termite mounds. The slender stem holds the crown decked with long arching pinnate leaves in light to dark green, with spines on the lower leaves. 'Care of Design' is essential with placement and planting away from access pathways and roadways o avoid injury to passing pedestrians or damage to vehicles. The Rooting potential of this Palm is of extreme value to secure and stabilize disturbed sloping terrain, and the 10 M Buffer Zone along streams and rivers, which are its natural habitat. Where the roots encapsulate the stream bank, soil collapse and erosion is reduced. The lush tropical appearance is established with showy sprays of pollen laden creamy-white flowers, which attract bees. Hanging bunches of orange-brown fruit attract birds, monkeys and fauna. Fibre from the fruit stem was used traditionally in brooms, the leaf mid ribs for baskets. These traditional skills should be nurtured.

Lastly, the now Rare Kosi Palm (Raphia australis) located on the shores of Lake Amanzimnyama, but naturalized at Mtunzini, where the added tourist attraction are the Palm-nut Vultures nesting in the crown, and feeding on the fruit. The root mass secures the swampy soil, the long blue-green leaves on buoyant stalks are used for rafts. The towering flower head may reach 3m from the crown after 25 — 30 years. The fruits take two years to appear with shiny brown over-lapping scales, with approximately 10,000 per head. This is the pinnacle of growth. The Palm slowly dies, and the seeds are scattered.

The noble Date Palm (Phoenix dactylifera), native to the Middle East was revered and depicted in the early Temples. "The Righteous shall flourish like a Palm Tree..." Psalm 92, v. 12-13. A symbol of Victory. Let us Pray for PEACE for the Peoples of Ukraine, with release from violent oppression and destruction.

Acknowledgement : Richard Boon M.Sc. Pooley's TREES of Eastern South Africa - A Complete Guide.

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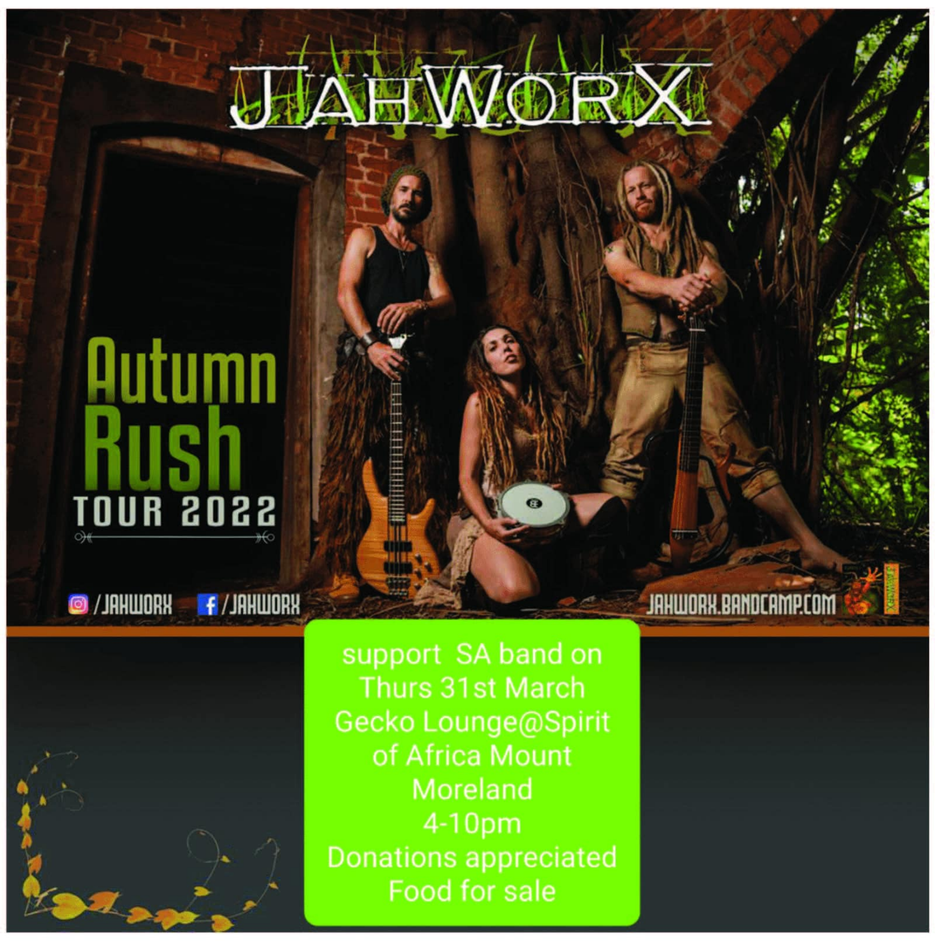

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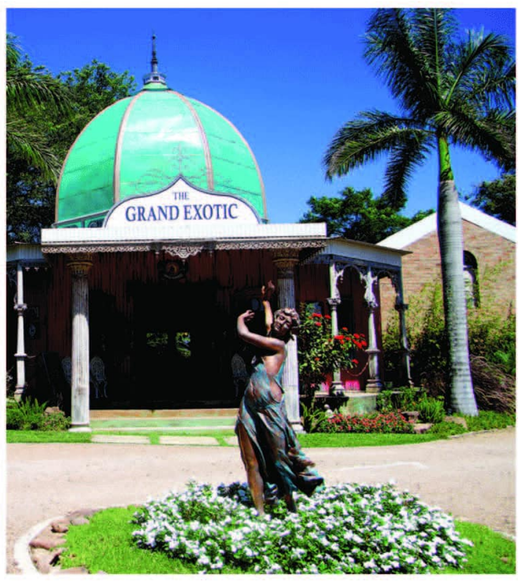


Adults Only - Unforgettable Experience

The Grand Exotic Experience with Rory Hunt

By Kasia Yoko

Rory Hunt with his colourful team

For all the local foodies on the North Coast, Rory Hunt is a familiar face; he has been front-lining the local culinary scene since 2003 when he opened his Restaurant at the Lifestyle Centre in Ballito called Zucchini.

After Rory graduated Wits Hotel School he spent nearly ten years developing his hospitality gift, working for some of London's top hotel restaurants. He is a well-loved figure in our part of the world and has a following of faithful customers who have been shadowing him and his success.

Rory who is a proud family man, and besides starting a very successful restaurant in Sage Centre in Salt Rock, Rory also enjoyed immense success with his Estate run restaurants, like the Valley of the Pools in Zimbali where he spent five years.

What a thrill to see Rory running The Grand Exotic and introducing that same old charm that his "Foodie Groupies" are so accustomed to. He shook up the original menu, introducing some exotic flavours and some familiar recipes. He has embraced the fun loving staff and is flying the local culinary flag high for North Coast once again.

The Grand Exotic is a fabulous structure in the heart of Sheffield. It is brainchild of a talented couple Curt Wolff and Sarah Owen. Curt who is a landscape artist and has engineering background together with Sarah's artistic and visionary attributes were able to bring about a true marvel which is styled more in the St. Paul Cathedral look than the Taj Mahal's, and it represents a lifetime of collecting and buying artifacts from around the world.

"The design for the Grand Exotic took around five and a half years to come together," Curt told The Bugle, "We came out with the design over many glasses of wine and many whiskeys and it took a while to get our plans approved but it was well worth it when we look at the result today."

Sarah and Curt are hands on running The Grand Exotic, while Rory applies all his charm into the running of The Grand Café, which not surprisingly brings out plate after plate of beautifully presented and exquisitely tasting dishes.

While the eggs Benedict are a favourite for breakfast, Rory's clients cant get enough of the Thai Sesame Chicken Stack; an aubergine and parmesan fritter topped with smashed avocado, roasted red peppers, zucchini and Thai sesame grilled chicken, is drizzled with soya reduction and a red pepper coulis and served with toasted ciabatta. Rory assures me that everything is made from scratch and is locally sourced, which of course is important to many locals.

"It is great to see my customers coming to visit me here" Rory told The Bugle, "This is such a beautiful part of the world and working with Curt and Sarah is a great experience."

The Grand Exotic represents everything that is magical in the world and people are talking about it far and wide. True vintage and not contrived or copied. It is filled with treasures and collectibles from years of Sarah's shopping expeditions.

The dining terrace is situated in a garden styled veranda with a murmuring water feature. Tiny finches and honeysuckles frolic effortlessly in the water while the sent from the lush gardens wafts through the interior. You have to be there to appreciate the spectacle.

They serve delicious breakfasts, scrumptious lunches, decadent cakes with excellent coffees, all served with a smile and Rory's strict quality control and attention to detail.

The Grand Exotic is a true adults' retreat, so regrettably due to the gardens being strictly ornamental and the vintage decor, The Grand Exotic has an age restriction of no patrons under 14 years old. Dogs however are allowed.

The Grand Exotic is a perfect place for celebrations, birthdays, weddings, anniversaries, bridal showers, kitchen teas and soon Rory is launching 'Dinner and Show' so watch this space and their social media platforms for more information.

See you at the Grand! For more information email thegrandexoticinfo@gmail.com or call 076 4356 090 or visit their website www.thegrandexotic.com.

The Grand Wedding Venue

Installation of the Dome by Curt Wolff

Land transforming before our eyes

Property Talk

By: Andreas Wassenaar

The greater Zimbali area is called the Port Zimbali Suburb, which includes the Zimbali Coastal Resort we all know well as the large 460ha component of the suburb, but also the smaller neighbouring estates such as Port Zimbali Estate and Hilltop Estate which have been around for a while and have attracted people looking for pet-friendly opportunities, is undergoing enormous expansion and attracting hundreds of millions in new sales by many Gauteng based buyers.

The Lazuli Estate has re-invented itself as a high-quality Estate catering to all age groups – a "multigenerational" opportunity - rather than the initially promoted retirement market, which was too limiting. The location is also superior to many of the other similar estates and for that reason will now start to attract a lot more interest in the market.

The Easter special currently being run by the developer provides for single level free-standing homes measuring 256 sqm at R5,495,000 including vat with no transfer duty payable.

These homes are completed with manicured gardens and excellent quality finishes throughout. At a selling price of R21,464/sqm including vat, this is an example of the best buy opportunities along the Dolphin Coast.

The last two remaining townhouse type units in the first phase are now being sold by the Lazuli developer at very aggressive pricing to prepare for the new phase of freestanding 2 and 3 bedroom family homes starting from R2,895,000 including vat (no transfer duty).

If you have driven down the M4 recently past Zimbali Coastal Resort and Zimbali Lakes Resort you will notice the incredible pace of development and infrastructure going into the Zimbali Lakes precinct. What was originally called the Zimbali Office Estate and now called The Boulevard already has the first development nearing completion and others, including an Engen garage and convenience retail node to follow shortly.

The area is transforming before our eyes. The vacant land sales and new off-plan developer sales of the Zimbali Lakes opportunities have now been opened to a selection of third-party agents, including Seeff Zimbali.

The land sales to date have been impressive as many Gauteng buyers secure their development opportunities. The current price list provides for vacant land ranging in price from R2,995,000 to R5,295,000 including vat. The site sizes range from 808 sqm to 2,108 sqm.

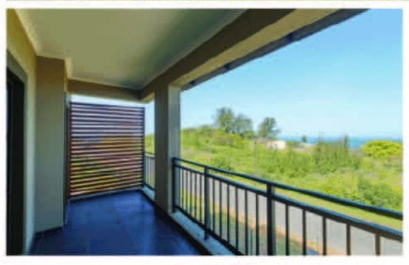
The developers have been smart to position the Zimbali Lakes as different from Zimbali Coastal Resort in terms of architecture and design. The roof colours will be grey and have a lower pitch to ensure the view lines of neighbouring properties are kept open.

The architecture is regarded as ultra-modern with larger areas of flat roof sections permitted. It will be fascinating to see the first homes emerge soon on this landscape. The market has responded very well to this focus on modern sophisticated design with over R300m in vacant land sales recorded and anticipating another R300m for this year.

Very often in the development lifecycle of a large scale residential type of development like Zimbali Lakes, there is a tipping point at which a critical mass of sales and activity is reached and from which the demand then grows exponentially. Zimbali Coastal Resort achieved this twice in its 25-year history, Simbithi achieved it when listed group WBHO bought into the development and Palm Lakes Estate achieved it after the late Wim Sak, as master developer, held on and kept the flag flying for over a decade. Zimbali Lakes is now poised to achieve this and from what I can see there will be no looking back.

Seeff

PROPERTY OF THE WEEK



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Navigating the thorny issues of care and contact of minor children during divorce proceedings

by Fawzia Khan

Legal Talk

Fawzia Khan

Most divorces are conflict-driven. If not, chances are pretty good the marriage would still be intact. For a couple whose marriage relationship has reached such a state of disintegration, divorce is normally the only way to formalise the termination of the relationship. Trying to navigate through the sweeping changes at this junction in one's life and all the associated upheaval that a divorce carries is understandably challenging.

For that reason it's crucial that your personal and legal rights during a divorce are properly secured by a good divorce attorney. Engaging a specialist divorce attorney means you will benefit from the sound advice and knowledge of that attorney but also from the years of litigation experience which that attorney will be able to offer to you, especially at a time when you are so emotionally fragile.

An attorney who specializes in divorce will ensure that you are fully aware of the all the risks and benefits to any particular legal approach to be undertaken. You attorney should be able to give you advice whether or not whether you have a strong case and how the courts are likely to rule on a particular set of facts.

This will allow you to be more circumspect as to whether or not you should risk approaching the court for particular relief, thereby save you from incurring legal costs especially during a time when your finances may be taking strain. When children are caught in the cross-fire of the divorcing parents, the decision involving the children such as which of the parents will provide primary residency to the children, whether or not the children should be relocated to another place, [if a parent who wants to start a new life away from the previous matrimonial home], what type of contact is to be awarded to the other parent, have to properly considered.

The courts are expected to look at what is in the child's best interests, as this is the paramount test. Two urgent applications dealing with these precise issues were brought separately by a couple in Gauteng in March 2022. In this case, the mother moved out of the matrimonial home in October 2021, taking the couple's three minor children. She informed her husband via her attorney that he was not to have contact with the children and a month later obtained a domestic violence interdict against the father.

The father denied all knowledge of the domestic order saying he did not receive notification of the application and said this was simply a strategy to stop him from having contact to the children. The mother secured employment in Bloemfontein and wanted to relocate the children to Bloemfontein. The father who was the sole financial provider for the children told the court that he did not believe the relocation was in the children's best interest. He said the lives of the children would be further disrupted because there was no support network there and the children's maternal and paternal grandmothers were in Pretoria and that the father could also offer services of a nanny and an au pair to the children.

The court agreed with the father's submissions and ordered that pending the finalisation of the divorce, primary residency of the children must be awarded to the father in Pretoria. It gave the mother rights of contact to the children. The court also ordered that a case manager or parenting facilitator be appointed.

The role of this facilitator was to minimise the trauma for the children and who could deal with their issues in a child-centric, collaborative manner, and who would also function as a mediator and as a monitor, regarding the disputes before court between the parties. The court also ordered that a psychologist be appointed to conduct a forensic psychological investigation of the children and to make their report known to the court.

Know your rights! The Law Desk of Fawzia Khan & Associates. Giving YOU the Power of Attorney. Contact us on email at fawzia@thelawdesk.co.za or call 031-5025670 for legal assistance at competitive rates.

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Fawzia is an admitted Attorney, Conveyancer and Notary Public and is a Commissioner of the Small Claims Court. She is also a trained Mediator and is a member of the KwaZulu Natal Society of Mediators

Website: www.thelawdesk.co.za

Email:fawzia@thelawdesk.co.za

Office: 031-5025670

Address: Coastals, 2 Flanders Drive, Mount Edgecombe, (Opp. Golf Course)

Return of SAA to Durban will give massive boost to KZN Tourism sector

SAA Interim CEO, Thomas Kgokolo at the Press Conference at King Shaka International Airport

The national carrier South African Airways reinstated the missing link in the "Golden Triangle" when flight SA 531 touched down at 8.25am in Durban on Friday 4 March, signaling an anticipated massive boost for tourism in KwaZulu-Natal.

Johannesburg and Cape Town are the two other points of the triangle, which enables the flow of trade and commerce - and movement of tourists – throughout the country.

It was a welcome sight after many months of absence when the Airbus with its tail reflecting the colours of South Africa's national flag, was warmly welcomed at Durban's King Shaka International Airport with a special water cannon salute and resounding applause from passengers and airport staff.

This marked SAA's re-introduction of a three-times daily return service from Johannesburg to Durban. The airline hasn't operated any commercial flights to Durban since the beginning of the pandemic in March 2020. From that period until September 2020, the airline operated cargo and repatriation flights but was forced to cease all operations due to financial problems.

Ravi Pillay, KZN MEC for Economic Development, Tourism and Environmental Affairs, said the resumption of flights to Durban "has lifted our spirits".

"This is part of a groundswell of positive things happening in KZN and the country as a whole after a triple whammy of the economic recession, the Covid-19 pandemic and the July 2021 unrest.

"Tourism contributes 10 percent to the KZN economy. The availability of airlines is critical to that function."

He said a R72-million airport investment project in Mkuze will target international tourists who will be spoilt for choice, given the many private game reserves and other tourist attractions in the area.

"SAA has an important role to play as an enabler for tourism which is a key economic driver, especially because of the number of jobs that are created.

SAA Interim CEO, Thomas Kgokolo said the Johannesburg-Durban route was one of the busiest in South Africa and the national carrier had been guided by data in finding the right time to make the decision.

Baroque 2000

2022 Season Opening concert

On Sunday 27 March, Baroque 2000 will be back at the Church of the Mariannhill Monastery at 11:30am for the 2022 Season Opening concert. Some of the majestic works of the baroque period will be performed: Handel's "Water Music", featuring oboes, French horns and trumpets as well as Bach's Orchestral Suite No1 in C Major and Handel's Concerto Grosso Op 3 No 2 in B flat major. The Overture to Charpentier's Te Deum will open the concert with a roaring introduction by the timpani. You can now become a subscriber to the Season of 8 concerts and pay for 7. Sunday's tickets will be sold at the door at R170. There is ample, free and safe parking and the Tea Garden will be open for refreshments and light meals. Contact: Michel sursouth@iafrica.com or 082-303 5241.

Exploring Edible Weeds with Nikki in Mt Moreland

Foraging in your backyard

By Kasia Yoko

For years the idea that we can live of our pavements has been running around in my mind. But how do we know what we can eat and what will kill us? A few weeks ago a local boffin on sustainable eating, Nikki Brighton visited Mt Moreland and spent a few hours with interested individuals whom, like me, would like to know more about edible plants.

Nikki Brighton is renowned in the Midlands of KwaZulu-Natal for her outreach work, particularly concerning food. Having spent years volunteering on a personal basis in the Howick area, she uses her experience and networks to create a more ethical and sustainable food supply chain by connecting producers and consumers directly.

Nikki explained that "shopping at Woolies" will soon be an unsustainable reality and that we all need to rediscover how we can live more sustainable and responsibly, and how a little walk on the wild side can sustain you, not just by filling your belly, but also by nourishing you with natural goodness.

Identifying the weeds Nikki Brighton

On the Wildside in Mt Moreland

Flower garlands Kasia with Di Smith

This was another fabulous event created by Wendy O'Grady from Spirit of Africa.

If you want to find out more about edible weeds and what you can eat off your front lawn, follow Nikki on her blog: www.midlandsmosaic.wordpress.com

IN THE STARS

Aries March 21 - April 19

Burning the candle at both ends is no longer the look for you, Aries. The new moon in Pisces on the 2nd falls in your unconscious sector and is a gentle nudge to step out of the spotlight and get some rest.

Taurus April 20 - May 20

It's wonderful that you've made so many big moves this year. But what's the point of living your best life if you're doing it alone? The new moon is a beautiful opportunity for you to reconnect with old friends.

Gemini May 21 - June 20

With your ruling planet Mercury moving once again at lightning speed, your pace is finally picking up. The new moon in Pisces on the 2nd encourages you to take up more space at work or in the public eye.

Cancer June 21 - July 22

March begins in the moon's dark phase, and your energy is at its lowest. The new moon is much more joyful than those that kicked off previous months so though you're tired, you're feeling unabashedly optimistic.

Leo July 23 - August 22

Though this year's Pisces season is pretty joyous all around, for you it's been a quieter, more introspective time. The sun's journey through Pisces highlights the part of your chart that deals with death, loss and shared resources.

Virgo Aug 23 - Sept 22

March moves at a much faster pace than January and February. Focus on your to-do list at the top of the month because on the 9th, relationships of all kinds take over your brain space as Mercury enters Pisces.

Libra Sept 23 - October 22

The new moon in Pisces on the 2nd similarly inspires you to let go of obligations that suck you dry and focus on building a positive routine. You're also drawn to getting back into the dating game.

Scorpio October 23 - Nov 21

You're booked and busy, running around town doing everything for everyone. But then your ruler Mars meets up with Venus as both planets shift into removed Aquarius, reminding you how good it feels to just stay home.

Sagittarius Nov 22 - Dec 21

Though you've been energized you've also been feeling like you're closing out a chapter rather than starting a new one. The new moon is an ideal moment to begin again, refreshing your life from the ground up.

Capricorn Dec 22 - Jan 19

The new moon is a wonderful time to take a break and go on a quick trip out of town to clear your mind. You're learning to find happiness in the present moment rather than always wondering what else is out there.

Aquarius Jan 20 - Feb 18

Try as you might to stay out of it, something keeps pulling you back into the center of the fray. Throughout the course of the month, you're not only the voice of reason, you're also everyone's rock. You're their inspiration!

Pisces Feb 19 - March 20

Why not indulge in some extra self-care? With the sun, Mercury and Jupiter all spending time in Pisces this month, all signs are pointing toward spa days, balayage treatments and splurging on nail art at your next mani/pedi appointment.

Sibaya Community Trust invests in Soup Kitchen in Blackburn

The Blackburn Informal Settlement is a large-scale settlement situated within the boundary of the Cornubia Integrated Human Settlement Development and is home to approximately 8000 people, many residents are unemployed or are migrant workers looking for "piece" work, attracted by the ongoing development of the uMhlanga, Izinga and Sibaya Regions.

Living conditions are challenging. Sibaya Community Trust invested R400 000 to build a custom made fully functional Soup Kitchen at this settlement that would serve hundreds of the most vulnerable people within this community. The Soup Kitchen is installed within the ITHUBA Centre.

Myan Moodley, General Manager, Sibaya Casino; Rory Pherson, ward councillor 102; Vivian Reddy (Chairman of Sibaya Community Trust); Patience Sishange, ANC PR Councillor, ward 102; Sorisha Naidoo; and Dushun Naidoo, Operations Head, Sibaya Casino

Robin Hood Foundation Coordinator, Jackie Psannis and Cindy Norcott, Founder of The Robin Hood Foundation encourage the community to Buy-a-Brick to help build the Qhakaza Crèche

Buy-a-Brick to help build a crèche

The Robin Hood Foundation is calling on the community to 'Buy-a-Brick', at a cost of R50 each, to help them raise R850 000.00 to build the Qhakaza Crèche (the name means 'bloom'), situated in Ntshongweni, KwaZulu-Natal.

"There is an existing, incomplete structure which they have built over the years and we cannot wait to accelerate the movement of kindness and finish this labour of love and passion," says Cindy Norcott – Founder of The Robin Hood Foundation.

Early Childhood Development remains one of The Robin Hood Foundation's key focus areas. "The first seven years of a child's life forms the foundation that shapes their future health, happiness, growth, development and learning achievement at school, in the family, the community and in life in general. We want to make sure these precious children get the best possible chance for success," says Cindy.

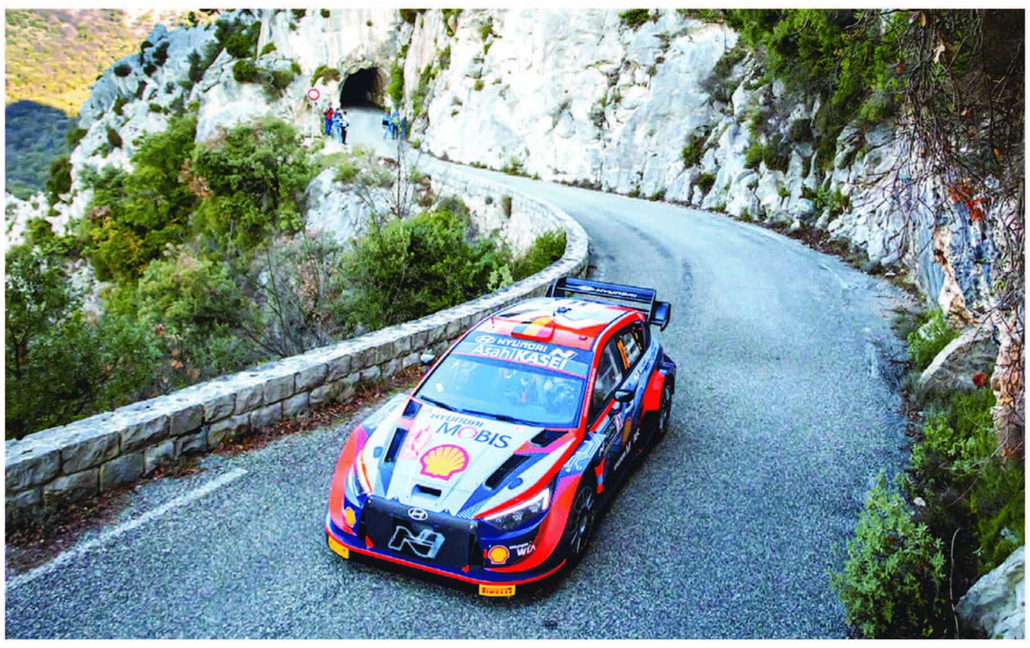
"With your help we can't wait to build the Qhakaza Crèche and change the lives of the children in the Ntshongweni community," says Cindy.

Each brick bought (R50 donation) is an entry into a lucky draw for the chance to win some fantastic prizes. So, for example: if you donate R500, you will receive ten entries into the lucky draw.

If you are able to assist or would like further information, please contact The Robin Hood Foundation on 082 864 5729 or email info@robinhoodfoundation.co.za or www.robinhoodfoundation.co.za

"Three things cannot be long hidden: the sun, the moon, and the truth." Buddha

Hyundai Motorsport



Thierry Neuville and co-driver Martijn Wydaeghe in the Hyundai Motorsport i20 N Rally2 car, with only the podium in sight

Heading into the 2022 season of the FIA World Rally Championship 2 Hyundai Motorsport is enjoying a solid start with the brand enjoying points in both events so far, the Rallye Monte-Carlo and after sorting out a few issues Thierry Neuville and co-driver Martijn Wydaeghe secured second position in Rally Sweden.

"We have set ourselves an ambitious goal for this season, with our focus firmly fixed on winning the 2022 FIA World Rally Championship 2 (WRC2) title. Teemu Suninen and Fabrizio Zaldivar will compete in our i20 N Rally2 at seven WRC2 events this year in a bid to claim us the crown. Our involvement in WRC2 is still a critical element of our motorsport activities, and we're looking forward to another exciting season," said Hyundai's Deputy Team Principal Julien. "With the talent of Teemu and Fabrizio behind the wheel we believe we can bring home the WRC2 title this year."

Neuville said: "It's a great feeling to take a podium here in Sweden, our first in the new hybrid era. It's a bit unexpected after what we saw in Rallye Monte-Carlo, but the team has done a good job. My thanks go to everyone at the factory in Germany for pushing hard. We could already see in shakedown that the speed was not too bad, and it was a surprise to be leading the rally on Friday evening. After that, it was a bit more difficult to find the right set-up, but we had enough pace to keep our focus on the podium – and eventually secure second place."

The 2022 FIA World Rally Championship will return to tarmac for the next round of the season in the Croatia Rally from 21 to 24 April, with Hyundai lying third in the Manufacturers' Standings and Thierry Neuville lying second in the Drivers Standings.

The New Hyundai Tucson Has Arrived!

Bigger, smarter and way more good looking, the new Hyundai Tucson showcases the company's "Sensuous Sportiness" design identity, with SmartSense and Smartstream technologies

Hyundai's all-new, fourth-generation Tucson SUV has arrived in the local market with a revolutionary and ambitious new look that follows the company's "Sensuous Sportiness" design identity, and larger dimensions to offer a spacious, luxurious interior and a superior drive.

The all-new Tucson represents a revolution for Hyundai in design terms. Overall, it features a bigger and wider body than its predecessor.

With a range of new convenience features, Hyundai offers even more comfort for all-new Tucson customers.

Featuring for the first time in a Hyundai vehicle, the all-new Tucson's hidden type Multi-Air Mode technology that consists of a combination of direct and indirect air vents for air conditioning and heating to create a gentler airflow.

The all-new Tucson is equipped with a range of comfort features, heated and ventilated front seats, Apple CarPlay and Android Auto cell phone connectivity, a wireless charging pad and an 8-inch Display Audio.

With advanced driver-assistance systems and a wide-ranging active safety package, the all-new Tucson delivers even more peace of mind for Hyundai customers. Fitted with a six-airbag system: front and side airbags for the driver and front passenger, and curtain airbags, which also offer protection for rear occupants.

The all-new Tucson is also equipped with the latest Hyundai SmartSense active safety and driving assistance features, which includes; Blind-spot Collision Warning (BCW) or Blind-spot Collision Avoidance Assist (BCA), Rear Cross-traffic Alert (RCA), Forward Collision-Avoidance Assist (FCA), Lane Keeping Assist (LKA), Lane Follow Assist (LFA), Smart Cruise Control (SCC), Rear Cross-traffic Collision Assist (RCCA), Rear Cross-traffic Alert (RCA), Fatigue Detection/Driver Attention Warning (DAW) and High Beam Assist (HBA).

Available in two 4-cylinder engine variants, a naturally aspirated Smartstream G 2.0 MPI petrol unit that delivers 115 kW peak power and 192 Nm peak torque, and a Smartstream D 2-litre turbo diesel with 137 kW peak power and 416 Nm torque.

All new Hyundai Tucsons are sold with a 7-year/200 000 km manufacturer's warranty, a 6-year/90 000 km service plan and roadside assistance for 7 years or 150 000 km. Speak to your local dealer for test drives and more info.

Driving the Fit!

By Tomas Yoko

Besides the cold and wet, we got a warm reception from the well appointed Honda Fit

It was miserable, raining, cold and wet and that presented some prime driving conditions for the long road we had ahead of us. The South Coast beckoned and it was one of those towns with a name that ends in 'ini' and we had a purpose to be there that day.

Driving the Honda Fit, I marvelled at how spacious it was inside, and the sleek body styling with panoramic windscreen and ergonomic lines, spoke of a Street Cred confidence that carried through to the drive. The Fit had get-up-and-go and a positive feedback from the steering and pinpoint sharp brakes.

With the icy rain splattering against the windshield the Honda Fit interior was snug. Cool tunes from the sound system controlled by the HMI 9-inch touchscreen snuggled us into our warm seats.

The Honda Fit is designed with the "Yoo no bi" philosophy which is attention to "the beauty of function". Well the Fit was very functional, the road holding and emergency braking procedures in the wet proved to be very impressive and the comfort and quality were well noted.

Fit for purpose, Fit for functionality, the Honda Fit is a good one.

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OBSERVATION DEDUCTION INTERPRETATION

KWASANI PROJECTS

Andrea Martini
0735054158
andreginomartini@gmail.com

Kwasani Projects is a Construction Company specialising in General Construction for clients in the Commercial and Residential Sectors. The strong growth of Kwasani Projects has been built on a foundation of consistently delivering construction projects to the highest standards. Kwasani Projects has prized themselves in delivering high quality projects

Vision

At Kwasani Projects we work together to ensure our customers ultimate success, by means of Integrity, Passion, Commitment, Competence and Conscientiousness

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Our strategic objective is to deliver projects that fulfil the customer's specifications. These specifications include the project being delivered on time, within budget and complete legitimacy. We apply a unique combination of design, construction and project management.

Core Competence

- Project Management • Good Governance
- 40 years Sound Construction Experience and Practice
- Flexibility Business Disciplines
- Housing And General Building Work
- Infrastructure Project Management
- Quantity Surveying

SHOWCASING SOME OF KWASANI'S RECENT PROJECTS

Client: Greg Parton – Misty Ridge

New Dam House, Retaining Wall and Jetty

Client: Catherine Ross

1820 Settlers Farmhouse Renovation

Client: Dube Pricemore

Farmhouse Renovation/Extension

Client: Goodersons Hotels Group

Upgrade of 37 bathrooms
Drakensberg Gardens