

www.thebugle.co.za

Vol 30 No 1027 October 2023

The Bugle

MAGAZINE

email: thebugle@mweb.co.za



KZNPO

celebrates

40 years

of music

The KZN Philharmonic Orchestra has announced the details of its 2023 World Symphony Series Spring Season – a momentous occasion which marks the Orchestra’s 40th Anniversary. It will run in the Playhouse Opera Theatre between 19 October and 9 November, each Thursday concert commencing at 7pm. To book tickets for the KZN Philharmonic’s 2023 Spring Season through Quicket / call 031-369 9438

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TT'S & C'S APPLY.

Through my eyes



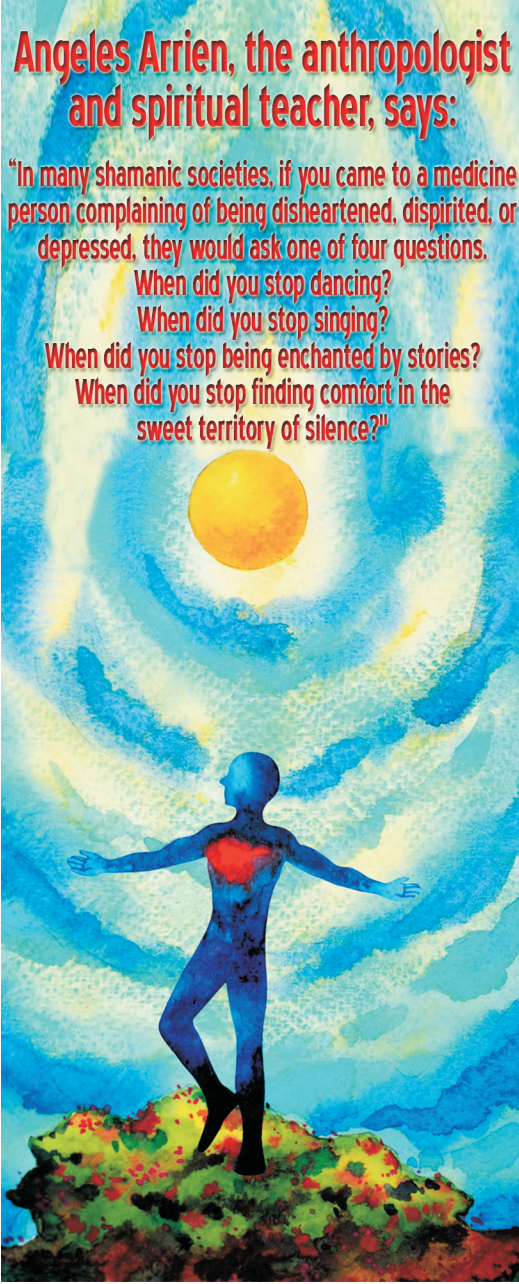
by Kasia Yoko

Splendour in the Grass; by William Wordsworth

*What though the radiance which
was once so bright
Be now forever taken from my
sight,
Though nothing can bring back
the hour
Of splendour in the grass, of glory
in the flower;
We will grieve not, rather find
Strength in what remains behind;
In the primal sympathy
Which having been must ever be;
In the soothing thoughts that
spring
Out of human suffering;
In the faith that looks through
death,
In years that bring the philosophic
mind.*

It has been a melancholic time for the world. Regardless where we are. Regardless who we are. Melancholy is the mood trending on all networks. Wars, deaths, crying mothers, dying fathers and a world divided and expected to choose a side between two evils. And in this prolonged melancholy we soldier on, put on a brave face and pretend that the pain of our brothers and sisters in the far away land have no relevance to our existence as we fight our own battles of unabated crime, lawlessness and economic collapse. There is no point of rose tinting this situation any further, however we also cannot exist in a perpetual state of melancholy. We have to find the happiness wherever we can, we have the right to be happy and experience joy, even if all we want to do is cry. Sometimes the smallest moments of joy are the only ones that

feel possible. I guess the first step to achieving some sanity is the importance of staying as present as possible in the moment, even when the moment sucks. I have been practicing this and it works. They say that if you're open to joy, you have to be open to disappointment. Paradoxically, in terms of experiencing joy, there has to be a willingness to experience loss and sadness as well. Many teachers of suffering have taught us and shown us the way to touch joy in the darkness. The Buddha wrote a poem about it: *Live in joy, in love. Even among those who hate. Live in joy, in health. Even among the afflicted. Live in joy, in peace. Even among the troubled. Look within. Be still. Free from fear and attachment, Know the sweet joy of the way.* The Zen teacher Thich Nhat Hanh has seen a lot of suffering and has had many decades of practice and teaching. He wrote this poem after the bombing of Ben Tre, a city of 300,000 people in Vietnam. An American military man told Thich Nhat Hanh that he had to destroy the town to save it. *I hold my face in my two hands. No, I am not crying. I hold my face in my two hands to keep the loneliness warm—two hands protecting, two hands nourishing, two hands preventing my soul from leaving me in anger.* There are many ways to feel joy, we have to look inside. Happiness is within us.

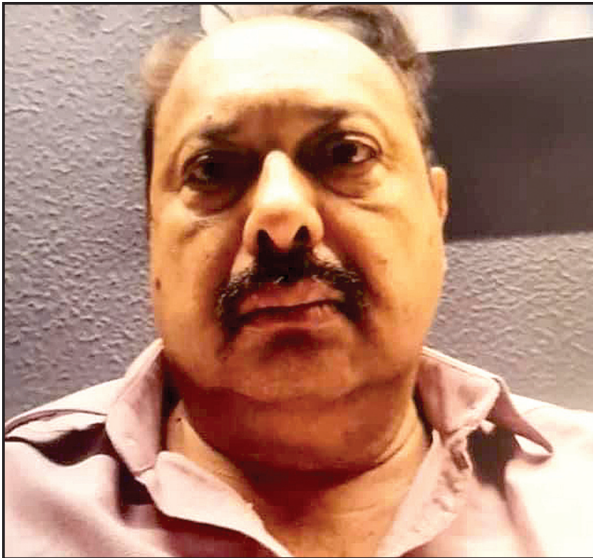


Umhlanga Businessman Missing For 88 Days

Sanjay Juggath (pictured) was last seen on July 28, 2023 but has not been reported missing. Reaction Unit South Africa (RUSA) received a call for assistance from a female from Johannesburg in September 2023 and a male from Durban in October. Both callers identified themselves as friends of Juggath and had known him for several decades. They were seeking assistance in locating the 62 year old Sanjay Juggath who was last seen eighty eight days ago.

Both friends are concerned for his safety. They made several unsuccessful attempts to report him missing with the South African Police Services (SAPS). They were advised that a Missing Persons Report could only be filed by immediate family. When the friends approached his family, they declined to get involved and believed that Juggath was in hiding. This information could not be confirmed. Juggath was operating a car sales business from Durban.

Juggath, previously resided on Herwood Drive in Umhlanga. He then vacated his home and booked into several lodges in the area before disappearing. This information was provided by the two friends and his extended family and has not been verified. If you have any information on the whereabouts of Sanjay Juggath kindly call Reaction Unit SA (RUSA) on 0861234333 or Thegran Moodley (friend) on 084 446 6699.



Sanjay Juggath, Durban Businessman (pictured) was last seen on July 28. Please help us find him



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GOLDRUSH MILLIONS CREATES SECOND MILLIONAIRE

RUSTENBURG man Gerhardus Maree became SA's latest millionaire when he scooped the top prize in Goldrush Millions final draw on Saturday. In doing so he became the promotions second millionaire in two months – in keeping with Goldrush's promise to create six millionaires in six months.

"I was really surprised that I managed to win," said Maree who only entered the promotion on its last day. "I had heard about the promotion but wasn't sure about the details and asked the manager at Goldrush Rustenburg, who told me it had been running for a month. Despite this I decided to enter and give it a shot. From there it was just a dream. I literally won the final Golden Ticket in the promotion during the 'Last Chance' tournament and then won the Branch Playoffs by the smallest of margins."

Maree, 58, who owns a ready-mix company said he would be investing the money in a new house. He thanked the staff and team at Goldrush for their service. "Many people ask why I don't travel to the big casinos but Goldrush is safe, the staff are friendly and I feel very much at home. And that makes the difference for me. My wife, Marileze and I feel like royalty here and we now have a big prize also," he said.

Maree joins Pietermaritzburg millionaire, Nirvana Moodley, who was Goldrush's August R1-million winner. Goldrush CEO, Mergan Naidoo congratulated Maree and confirmed an additional R1,5-million had been presented to consolation prize winners in branches throughout South Africa. "We call it SA's hottest promo and are keeping to our promise. "One of our missions at Goldrush is to keep our clients entertained and we certainly did this with celebrities Barry Hilton, Lloyd Cele and Proverb managing the final draws. "Also, clients have realized that this promotion provides just about the best odds of winning a million rand anywhere in South Africa and they have embraced it. "I know it's a lot of money that we are



giving away but if our clients are happy, so are we," he said.

Goldrush Bingo MDs Kathleho Thejane and Greg Sutherland confirmed that the promo would re-commence in October with qualification tournaments taking place at Goldrush branches countrywide every Friday at 2pm and 8pm.

Winners qualify for the Playoffs and a "Last Chance" Tournament on October 28. A total of 38 branch finalists then compete for the big R1-million prize at 9.30pm that night. Goldrush Millions is widely regarded as one of the country's largest-ever gaming promotions with over R25-million up for grabs over six months and a R1-million prize to be won by one lucky winner every month.

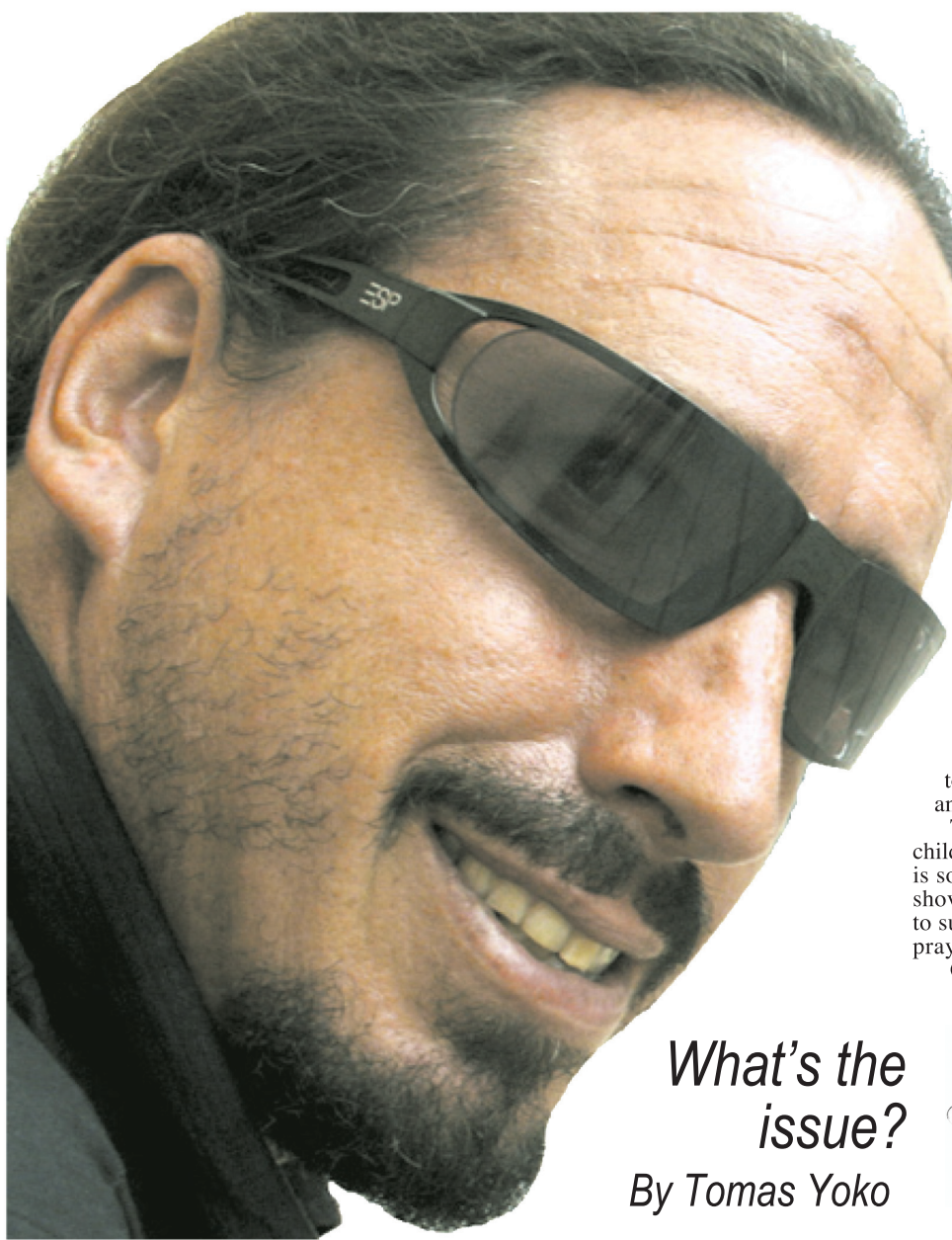
Other Goldrush Millions Final winners on Saturday were: 2nd – Chatsworth - R100 000; 3rd – Phoenix - R75 000; 4th – Durban Central – R50 000 and 5th – New Market - R25 000.



R1 MILLION

GUARANTEED TO ONE WINNER EVERY MONTH TILL JAN 2024

Total promo prize pool of close to **R25-million**



Can the Pope’s sanction hide the genocide and real estate land grab...?

Is it just me or is there a definite inclination in our world leadership to engage in fatal exercises of egotistic aggrandisement that is designed only to kill our young men and fleece the entire middle class? Maybe it is just me.

I cringe more these days than I have ever cringed in my life, listening to ignoramus world leaders, sprouting statements of racist genocide, hitching their wagons to the train of human rights violations in a desperate contradictory knee jerk response to situations that seem too complex for their tiny little minds to conceive of.

After the barbaric attacks from Hamas, followed by the barbaric bombing campaign of Gaza, neither side can claim any shred of dignity or morality. Then to top the madness, I heard reports that Joe Biden claims he has been given Pope Francis’ endorsement of the US’ military ‘game plan’ in Israel. The nausea knows no bounds. I pity the Palestinians having to deal with the catastrophe that is their lives and having the Biden Administration to deal with as well.

The War machine is changing down a gear, billions is being spent on what amounts to legal murder, while housing, schooling, health and happiness are left to the side.

The pain and misery being inflicted on innocent children and defenseless women and elderly people is soul destroying, one can’t bear to watch as it is shoved into our faces by the media. I am inclined to suggest prayer, however there must be so much prayer coming out of the Israel debacle as it is.

Can the Pope’s sanction hide the genocide and

real estate land grab that is more likely the truth about what is going on there?

In the meantime Putin has come out calm and rational as always, pointing out the pitfalls of the game of politics the US and Israel are playing. Wondering aloud I’m sure as to how weapons meant for Ukrainian soldiers ended up in the hands of Hamas fighters. It is an unholy mess.

RT, the banned Russian television news channel ran a jibe at CNN when they cocked up a map in a news report saying, “CNN took a holiday from complaining about Trump, running interference for Hunter Biden and having no viewers anymore by turning their attentions to the war in Gaza. This went about as well as you would expect.

The Most Trusted Name In News™ presented to its viewer the current state of play in Palestine, and accidentally broke the news that Israeli Defense Forces had somehow moved Tel Aviv 100km northeast, and rebuilt Sderot in the West Bank. Troubling developments for a volatile situation. Troubling, baffling developments.

Or they just put the diversity hire in charge of doing the maps. And the program. And the whole channel at this point.” Nasty.

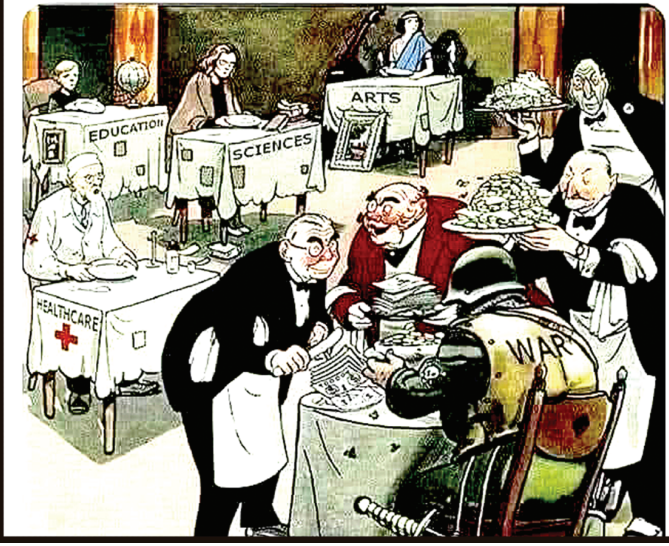
Back home the madness continues as terrorists took a whole bunch of miners hostage, underground. The terrorists are apparently a union AMCU and have been interdicted against holding the miners.

In other news we can all rest peacefully as the South African National Taxi Council (Santaco) announced its intentions to start a security. company to help sort out the lawlessness of KZN. Hang on tight, it get even more bumpy.

What’s the issue?
By Tomas Yoko



This comic is over 80 years old and yet you don’t have to change a thing about it. It’s every bit as relevant today as the day it was drawn.



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Sudoku

Last week’s solution

5	8	6	1	2	3	9	7	4
7	1	3	9	4	5	8	2	6
2	4	9	6	7	8	1	3	5
3	5	4	7	8	6	2	9	1
6	9	8	2	1	4	7	5	3
1	7	2	3	5	9	4	6	8
4	6	7	5	9	1	3	8	2
8	2	5	4	3	7	6	1	9
9	3	1	8	6	2	5	4	7

	6							
9						4	2	
3				6				
				4	1			5
			6					2
2	3	7						8
				5				
			1			3	7	
	4		8	7				

"I may not have gone where I intended to go, but I think I have ended up where I needed to be." Douglas Adams

Places lost and found

By Jo Rushby from Ikes Books



Ikes Books and Collectables is at 48a Florida Road, Greyville, Durban.



Mom, Averyl aged 12



Mom's Garden



Nephews, Conor and Niall with Clough

What does it mean to visit the town of your childhood years? As a teenager, events seem to just seamlessly move from one thing to another. But as the years pile up, one gets more reflective.

And so, September found me in Nottingham. My mother was in hospital, and I was keeping house. I went up to the little room I once called mine. I caught a reflection in the window. The rain had created creases and then slowly fell. In between I could see myself. Eight going on ten. What was I reading then? Was I still paging through Enid Blyton? Or had I graduated already to George Eliot?

I see these locks in silvery slips, This drooping gait, this altered size: But Spring-tide blossoms on thy lips, And tears take sunshine from thine eyes! Life is but thought: so think I will That Youth and I are house-mates still. Samuel Taylor Coleridge

In the attic, I found my books in Russian. How will I ever part with them? To give Chekhov away is to give a chunk of my life. The master of the short story that made you think long into the night.

I walk around the town with my nephews, Conor and Niall. My favourite

pub, The Bell. First landlord William Clark, 1798-1856. I never knew he founded Trent Bridge Cricket Ground.

My nephews take photos with the statue of Brian Clough. How Cloughie changed our lives, taking a small-town team to the highest honours Europe and the Premier League could offer.

Why did I leave this city? What roads I have travelled? How many countries I have paused only to move on. But home still tugs at the heart. Everywhere I look is a part of me.

Did my mother miss me? Should I have returned more often? Can I make up for lost time as Proust would have it? I am now back in Durban. It is my home now. My love. Parting is such sweet sorrow.

My mother has literally grown roots in her back garden in Nottingham. She, unlike me, stayed in one place for a lifetime. But I know she has accompanied me in all my journeys. No matter how far you travel, there are bonds that will stretch and strain, but they will always endure. Between mother and daughter.



The River



PROTON

You can contact Colin Pillay from CMH Proton Ballito on 073 946 5600

Colin Has Got Your Proton

By: Tomas Yoko

Colin Pillay has been in the motoring industry for longer than I can remember, consistently marrying customers and cars and doing so with a smile. Colin recently took up a management position at CMH Proton Ballito, where he can offer you any one of the amazing Proton models in the range.

From the PROTON X50 to the PROTON X70 and more recently the PROTON X90, the Proton range offers palpable value for money along

with frugal fuel consumption figures as low as 6.5L per 100km.

Take a PROTON of your choice for a test drive and experience the level of luxury they offer. The Malaysian manufacturer is owned by the Zhejiang GEELY Holding Group, which also owns Lotus and Volvo.

Contact Colin on his cell 073 946 5600 and he will treat you with his professional friendly manner and arrange a test drive of the PROTON of your choice.



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"It's like chess, you know. The Queen saves the King." Terry Pratchett

A Window Onto Nature's World

Our Water Quality, its Supply for All and Capture



By Environmentalist and Green Campaigner Jill Theunissen

The sources of the world’s precious water are both seen and unseen. Often visible on the surface but also stored beneath like a latticing, radiator of cooling system, designed by “The Maker”.

Water is made up of hydrogen and oxygen in aqueous liquid and in solid form. When water occurs in liquid form from rain, or fresh underground springs or boreholes, it may then be captured into Reservoirs and Dams, with the “Quality” being tested for composition. Rainfall over any Land Resource or Catchment will swell the ‘Wetlands’, streams, rivers and inland lakes. The Tugela River rises from the Drakensburg Mountain at Mont-Aux-Sources with a long journey to the Indian Ocean. Many other Natal rivers embrace short catchments but no less turbulent to the Sea.

Depending on the Climatic Conditions and Seasonal Variations in temperature the water may change into ice, or into a rising vapour. In this form the vapour may travel through the atmosphere where it condenses from the oceans inland, it nourishes the Plants and Life. Where the vapour collects pollutants in the atmosphere, these will also be transferred, often with negative impacts.

Water appears odourless but on clear days ponds and rivers appear blue because it mirrors the blue sky above. On cloudy days the water will remain grey.

In Natal, the early Administrators adopted a professional Team Approach with expertise in Geology, Hydrology, Engineering and Construction which gave rise to our Network of Water Supply from Sterkfontein Dam, then Midmar, Albert Falls and Shongweni to the recent Inanda Dam. Each structure entertains Flood Controls and the Supply Network. Large pipes, water aqueducts and systems are necessary to convey the water to nearby towns and cities with increasing demographic and related cost implications, not merely for additional construction but to cover annual requirements of Maintenance including removal of waste, siltation, deposits of toxins and contaminants such as E. coli.

Where sewer systems are inadequate, faulty and lack efficient Management, the Water Quality may be adversely affected. Regular water sampling must be undertaken with transparency of Results, and Compliance with the Health and Safety Act to prevent sickness and disease.

In the rural Environment the Communities rely heavily on Dams, Reservoirs and Boreholes. A borehole may form the only supply source for a Farmer or Producer in the Food-Chain. Additionally, the Landowner may bear the expensive costs of drilling, pumps, piping, storage tanks and irrigation in order to raise his crops

or maintain poultry and livestock. Without the Farmer and his staff, whether extensive or small holding – South Africa is not sustainable in terms of Fresh Market Supplies.

In the Urban Environment the Usage of the water Supply needs definition into Categories:-

1) ‘Potable’ Water for drinking; 2) Water for Domestic and General Use; 3) ‘Grey’ Water which may be suitable for Parks and Gardens; 4) Water Supply for Recreational Use; Private and Public Swimming Pools Beach Shower facilities and Water Parks!

In all categories the water should be tested regularly and the Results Recorded. A Test Kit for a Pool will show if the PH levels are correct. The temperature and volume of swimmers may vary with adjustment needed for Chlorine and Treatments, best advised by a Pool Specialist

Our Constitution reinforces the ‘Rights for ALL’ Chapter 2. Section 27 (7) (b) emphasizing the urgent need for the Authorities concerned to address inexcusable pollution and Water Conservation priorities

Catchment Revolution is needed allowing every home or shack ... a subsidy for a Rainwater gutter complete with down pipe and a storage tank. A dwelling without Rainwater Catchment and storage is incomplete.

शुद्धाग्नि The Goddess Within शुद्धाग्नि



The day also symbolizes the start of a new year and is observed as such in many states

Centuries ago, across seas and land, filtering through all religions, an ancient myth has spoken of and honoured the power of women. What is this unique phenomena that governs the strength of a women, her innate quality to be a mother to all, the power to heal and bring unlimited joy to all who come into her space. The boundless supply of compassion and love from her huge heart. Who is she? What is she made up of? She has the boon to birth and nurture life and from that very being is also the essence of the virtues of life, Presence, Authenticity, Sensuality, Spirituality and Gratitude. Real power is about presence, it’s the energy about knowing who you are and thinking, speaking, and acting from a point of true self. The Gift of Women.

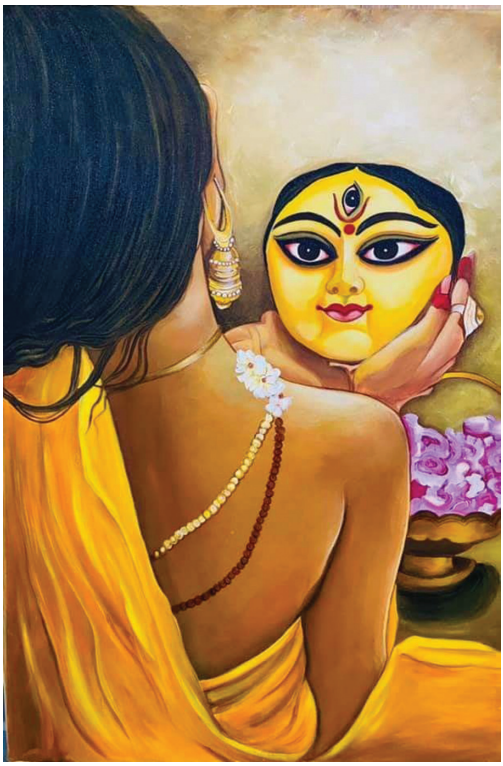
In celebrating women and the deep power that governs us during this auspicious time of Navaratri, 9 nights dedicated to powerful women that lead us every day. This time has taught me that I have seen or experienced every energy of these Goddess’s so many moments on my journey. I have looked

By Verushka Pather



in a mirror countless of times and saw the same Goddess. All scriptures speak of the mystical trials of women, their survival and victory over evil. Legends of 5000 years ago walk with us today, our stories are no different, our power is no different. How does a young, timid, birthing mother never give up, or a woman goes to bed hungry to make sure her kids have eaten, or the helpless women raped and abused but gathers herself and raises her energy to make it to survive and still extends her heart and hand to help. The power of women permeates our earth as the breath of life, the very essence of what connects us to the Universe. This energy is a constant reminder of the life we have, what we eat, create, preserve, restore, and allow others to experience from our beings is the power of the Universe, Shakti.

The demon is always within, the goddess is always within, the battle too, is always within. And so is the triumph of one, over the other. Which one, over which one? That choice is also, somehow always within.



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Just Joplin

An exhilarating account of Janis Joplin's life and music – a beautiful slice of theatre

A Barbie Meyer Production.
Directed by Marke Meyer

Barbie Meyer’s brand-new show aptly titled; ‘Just Joplin’ is coming to The Pumpkin Theatre at La Montagne on Friday the 10th of November. The show opened with great acclaim with sold-out performances.

Hailed as an exhilarating account of a musical great’s life and music, the icon that was Janis Joplin is played with supreme verve, humour and pathos by Barbie Meyer.

Meyer is accompanied by members from the band, The Gentry, James Carlsen, Wayne Coughlan and Brent Geldenhuys.

The show is “a delightfully crazy mix”, Barbie tells us, “It includes a bit of her background, the people she mixed with, the characters that inspired her, her untimely death and of course her wild and woolly songs.”

@ The Pumpkin Theatre Friday 10th November 6 pm for 7.30 pm R180pp Meals available. Cash bar.T.O BOOK: www.pumpkintheatre.co.za



While I danced across in a sarie glorifying her as a divine embodiment. This part is significant to show that the mothers love and presence is everywhere



Kiran Garbaran

Time to Honour the Divine Mother

By Kiran Garbaran

Navaratri is one of my favourite festival on the Hindu calendar and the best part of the year for me. This year I had the honour of celebrating Durga Ashthami with my near and dear, and celebrated the divine mother with glory and abundance.

This prayer is a powerful prayer according to the Vedas as Durga Sathashathi is a complex Tantra Pooja that occurs for the mother with various verses and stanzas, explaining the power and glory of the mother. It also shows you that no matter what you endure in life, your faith, even if it is the size of a mustard seed, can get you through any tribulation.

The mother divine is present for each one of us no matter cast or creed. She is merciful and compassionate and showers us with love and abundance. The Pooja commences with an invocation to the various deities and various forces and energies, then proceeds to the recitation of an armour of protection known as a kavach. Thereafter proceeds to mantras for each joint, chakra, meridian and Nadis Energy.

Then comes the main part, which if a fire oblation of various ingredients as mantras are unlocked and recited. After completion a prayer of songs known as Pachras are sung to glorify the mothers various aspects, and begging her for mercy and blessings.

While I danced across in a sarie glorifying her as a divine embodiment. This part is significant to show that the mothers love and presence is everywhere.

The reason I dress up as an embodiment of her, is to signify

the balance between masculine and feminine energies. Denouncing worldly attachments and being engulfed in a cocoon of pure love.

On this day, all the weapons and artillery that were used for killing Mahishasur (a demonic energy) by Goddess Durga are worshipped along with the enchanting of mantras. This ritual is known as Astra puja.

During the worship of the Mother, the eight avatars of Durga called Ashtanayikas are also worshipped

which include Brahmani, Indrani, Vaishnavi, Varahi, Narasinghi, Kameshwari, Maheshwari and Chamunda.

Goddess Durga is worshipped by establishing a 'ghat' in front, red sandalwood paste, fruits, flowers, sweets, betel leaves, cardamom and coins are distributed among the kin.

The Goddess is shown a lighted lamp for 7 times and the special Durga Satshati mantra is recited for 108 times.

64 Yoginis who are considered the Devi's associates are also worshipped.

Other minor deities and guards of the Mother are also worshipped on this day that also includes Bhairava.

On this day, the deity is worshipped as Goddess Gauri. To observe this, nine small virgin girls are worshipped, their feet are washed and they are offered halwa (a sweet disk made of semolina, milk, ghee and nuts), puri and kheer a part of the ritual.

Durgashtami ends with the Sandhi Puja that ushers the next day Mahanavami.

It is believed that people who observe a staunch fast on this day to please Mother Durga are always taken care by her benevolence and such people are always free of delusions of any kind in life.



Goddess Durga is worshipped by establishing a 'ghat' in front, red sandalwood paste, fruits, flowers, sweets, betel leaves, cardamom and coins are distributed among the kin



Kreeson and Ayanda up against a BMW model that would make my eyes water if only. Call Kreeson on 071 028 8534 or Ayanda on 071 127 6990 and they will gladly help you find your BMW

Kreeson & Ayanda Making BMW Magic

By: Tomas Yoko

The awe inspiring range of models from automaker BMW seem even more desirable on the showroom floor at SMG BMW Ballito.

It may be the luxurious showroom with a resident barista, an ambiance of refinement that I am very quickly becoming accustomed to, and the friendly banter between Sales Executives Kreeson and Ayanda.

While chatting about the incredible BMW M8, I was really impressed with their knowledge and enthusiasm. Kreeson detailed some of the features on the M8 and brought me back to the present day reality with stories about the plug in hybrid and fully electric range of BMW models, readily available to me as a more realistic option

given my position.

Ayanda seems to have no bound to her enthusiasm and her quick smile and infectious laugh are both endearing qualities. Although even her smile is not a quick as the BMW M8, it was freely presented all the while I was visiting.

SMG BMW Ballito recently held an electric vehicle ride and drive and if you missed it, Kreeson and Ayanda invite you to call them and arrange a test drive of the BMW of your dreams.

Contact Ayanda on 071 127 6990 or Kreeson on 071 028 8534 and they will give you all the information on any BMW model you wish. You will find them at SMG BMW Ballito, 5 Moffat Drive, Ballito.

Vipassana Meditation 10 Day Retreat

Vipassana means to see things as they really are, is one of India's most ancient techniques of meditation. It was taught in India more than 2500 years ago as a non-sectarian remedy for universal ills, i.e., an Art of Living.

Vipassana is the process of self-purification by self-observation. The technique has nothing to do with any organized religion or sectarianism. It can be freely practiced by anyone without conflict due to race, community or religion, and will prove equally beneficial to one and all.

A ten day Vipassana meditation retreat (not for commercial gain) is being offered in KZN Shelley beach from 10 to 21 January 2024. All are welcome.

For bookings and more information follow the link below www.vipassanadurban.weebly.com



Vipassana Meditation as taught by S. N. Goenka in the tradition of Sayagyi U Ba Khin



by Kasia Yoko

Foodie

More Pickles for the Summer



Linda McCartney's philosophy on feeding a family as an act of love, has for decades stuck in my mind. And on my joyful culinary journey through life I had the privilege to know women who have shared this love. There really is no better way to spend a carefree afternoon in the kitchen than with your bestie, prepping food, which will later be enjoyed by your family and friends. Food is not just something we eat to fill our stomachs. It is consciousness. The love, attention, and toil with which it is shopped for, prepared hours or even days before, cooked with patience, and served with love, all have a huge impact on how it turns out and how it affects us. People bond over cooking, ingredients, shopping markets, produce, recipes, restaurants, farming, and so much more. In that famous letter to Meneceus, Epicurus said; "When we say, then, that

pleasure is the end and aim, we do not mean the pleasures of the prodigal or the pleasures of sensuality, as we are understood to do by some through ignorance, prejudice, or wilful misrepresentation. By pleasure we mean the absence of pain in the body and of trouble in the soul. It is not an unbroken succession of drinking-bouts and of merrymaking, not sexual love, not the enjoyment of the fish and other delicacies of a luxurious table, which produce a pleasant life; it is sober reasoning, searching out the grounds of every choice and avoidance, and banishing those beliefs through which the greatest disturbances take possession of the soul." I would like to encourage you to make pickles today. They are truly super easy to make (just make sure that you keep everything clean and sterile). Pickles in a glass jar with a small ribbon makes a beautiful gift, and Christmas is just around the corner. Invite your bestie to join you and have fun in the kitchen, it's fun, I promise.



Pickled Sweet Peppers/ Israeli Cucumbers

Summer time is upon us. So lets pickle. Here is a easy recipe for colourful sweet peppers, jalepinos and Isreali cucumbers.

Ingredients:

- 1 tablespoon pickling or kosher salt
- 6 cups cider vinegar
- 2 cups white vinegar
- 4 cups water
- 6 cups granulated brown sugar
- 8-10 cloves garlic smashed
- 2 tablespoon fresh ginger root cut to small chunks
- dill seeds and flowers (optional)
- 1 tablespoon whole peppercorns
- 1 teaspoon mustard seed
- 1 teaspoon onion seed
- 1 teaspoon all spice
- 12 Bay Leaves
- 3kg red, yellow, and orange bell peppers sliced. If you are making Israeli cucumbers, use them whole

Directions:

1. Choose a large pot in which to make the brine. Place the salt, cider and white vinegars, water, sugar, garlic, and spices in a large pan and bring to a boil over medium to high heat.
2. Sterilize your jars. Place the sliced peppers or cucumbers into the jars. Press down to compact and make sure you have plenty of peppers or cucumbers in each jar, as they will rise up to the surface during the processing.
3. Using a wide-mouth funnel, ladle hot pickling brine over the top of the peppers and onions, leaving a head space. Remove any air bubbles. Wipe the rim with a clean, damp paper towel. Close the jars tight.
4. Place the jars in a hot water bath and process for 15 minutes, adjusting for altitude. Remove from the water bath. Allow to cool completely on the counter for 24 hours. For best flavour, let stand for 3 to 4 weeks before enjoying. Store the jars in a cool, dry place for up to 1 year.
5. Once opened, store in the refrigerator.

The Refreshing Opel Grandland

By Tomas Yoko

I wasn't expecting the bespoke qualities that I experienced with test-driving the new Opel Grandland SUV. My test drive unit arrived in gloss black, a head turning attitude in the refined lines of the body contours. The Grandland exuded a sense of poise and balance without the noise of boastful design. In the driver's seat it was sublime, a sense of comfort that came from unpretentious design. Both practical and aesthetic at the same time. The 'ergonomic active' front seats are certified by the Campaign for Healthier Backs

The all-digital Pure Panel display added to the sense of uniqueness and refinement that the Grandland seemed to have in bales. You know you have been steeped in luxury in the Grandland driver's seat, heated and cooled front and rear seats and a heated steering wheel were indicators

they I was in the presence of excellence in the Opel Grandland. So this is how the other half live, with automated tailgate that is so convenient when loading items into the car, and automatic emergency braking, where the Grandland will warn you of an impending collision and slow down and even bring the car to a halt if the driver doesn't respond in time.

Add driver assistance programs like Lane Keep Assist and Lane Departure Warning to elements like the Multimedia Navi Pro with integrated 3D map on a ten inch touch screen.

The Opel Grandland did not lack anything, especially performance. The enthusiastic sixteen hundred turbo charged petrol engine with 121 kilowatts is matched perfectly to the six speed automatic gearbox.

Take this car for a test-drive, you will be pleasantly surprised



The Opel Grandland enfolded me in a luxurious cocoon of safety, comfort and distinctive style. I highly recommend this model

A Portrait of Resilience and Achievement

In the world of Health & Wellness, Kay Reddy is an exemplary figure, defined by her unwavering commitment to aiding others in their quest for a healthier life. Her inspirational journey, thoughtfully documented by Kasia Yoko, resonates with those seeking positive transformation.

Kay Reddy, a local businesswoman, has navigated the ebbs and flows of personal and professional life. Her steadfast dedication to personal growth and her belief in the transformative power of positive affirmations have propelled her to overcome life's challenges. Every obstacle she encountered became a stepping stone towards a future filled with opportunities and boundless potential.

A pivotal moment arrived in the late 1990s when Kay, facing a painful divorce and the need to support her two children, undertook meticulous research and

innovative experimentation. This led to the creation of the revolutionary "Fat Buster." This slimming product not only brought her financial success but also recognition for her commitment to improving lives.

Central to Kay's philosophy is the adage "you are what you eat." This notion forms the foundation of her work in Health & Wellness. Understanding the demand for a weight loss product free from rigid meal plans and strenuous exercise, she introduced "Fat Buster." This all-natural weight loss system, without side effects, has set a new standard for those struggling to shed excess pounds.

Kay expanded her expertise by completing an extensive course in Hypnotherapy. This allowed her to address the underlying mental health and psychological issues linked to weight management. Further underscoring her

dedication, she recorded a self-help CD harnessing the power of the subconscious mind, aiding those on the path to weight loss.

Kay's holistic approach emphasizes the importance of a well-balanced, nutrient-rich diet in preventing chronic diseases and maintaining a healthy weight. Her passion for helping others reach their health goals is evident, and she's readily available to offer guidance and support.

In the realm of Health & Wellness, Kay Reddy is a beacon of hope and inspiration, always prepared to assist others on their journey to a healthier, happier life. Her dedication to transforming lives and promoting holistic well-being is a testament to her life's work, reflected in her commitment to fostering a healthier world. You can reach her at 083 866 0531 for guidance and support.



Kay Reddy, a local businesswoman with Angelo



It's a Spring Thing

Wow, wow, wow what an amazing time we had. We created, we smoked, we were treated to yummy edibles, we laughed, we swapped numbers, made friends and we danced. To all of you gorgeous peeps that came out on Saturday, thank you so much your support is much appreciated.

Thank you again to Fiks The Coffee Queen, The Green Hobbit, B-Earthy, CBD Health & Wellness, Zululand Laser Company, Durban Dope Queen, Visual Eyes. And to our wonderful DJ's, A Geoffrey, Pierre Pressure, Bottle Wash and Dr Ray.

Contact Claire info.elevatedadventures@gmail.com

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Cannabis, has been reported to have potential benefits for sleep in some individuals. Here's how cannabis may help with sleep:

Relaxation and Anxiety Reduction: Cannabis can have a calming effect, which may help reduce anxiety and stress.

Pain Relief: Cannabis has analgesic properties and may alleviate chronic pain.

Sleep Onset: THC, the psychoactive compound in cannabis, promotes drowsiness.

Sleep Duration: Some users report that cannabis can lead to longer periods of deep sleep, although it can also decrease REM (rapid eye movement) sleep in higher doses.

Sleep Disorders: Cannabis may be beneficial for those suffering from certain sleep disorders like insomnia or sleep apnea.

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Fortuner Functional Luxury

By: Tomas Yoko

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The enigmatic Toyota Fortuner, a favourite in South Africa for so many reasons

The Toyota Fortuner is one of the most sought after SUV's in South Africa and test-driving the Toyota Fortuner 2.8 GD-6 VX showed me why that is.

From the prominent front grill to the sleek body lines, the Toyota Fortuner has got the looks. Always a quality treatment to the interior, the leather clad steering wheel and generous touch screen infotainment system were enjoyed from plush leather seats that felt more like a lounge than a car seat.

The Fortuner I test drove was filled with tech, spec and features, and everything very well proportioned so as not to appear cluttered, there

was a sense of class to the cabin.

Getting about in the Fortuner was effortless, Toyota's new 2.8 litre turbo diesel engine matched to a six speed automatic gearbox with 4X4 capabilities made me feel unstoppable. Out on the open road at high speeds the suspension upgrades were working wonderfully, as they were off the beaten track in soft sand and rock crawling conditions. Producing 130 kilowatts of power and a very capable 450 Newton metres of torque, giving the Fortuner that towing capacity the boating and caravan communities love so much.

Add seven seats to a vehicle of this stature and you have an obvious winner.

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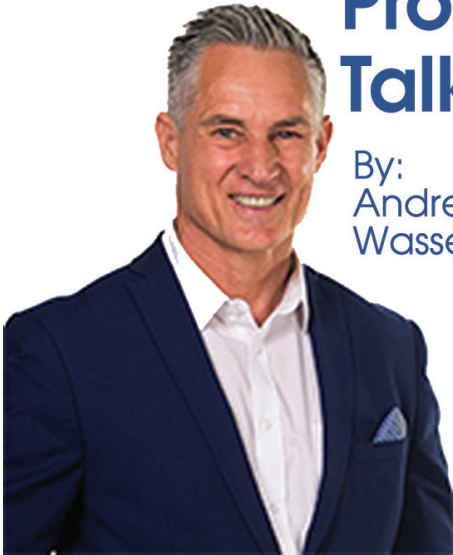


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"This individual does not know where initiative ends and rocket-propelled idiocy begins." Elizabeth Moon

Property Talk

By:
Andreas Wassenaar



Good News for Landlords



PROPERTY OF THE WEEK



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Do I Rent or Buy? This is a common debate and there are periods in the property market cycle when it does make sense to rent rather than buy. It is always going to be cheaper to rent than buy. For the same monthly budget, you would be able to secure and live in, for a period, a larger and more lavish home than a purchase. However, you will not be building wealth, you will not be able to enjoy the benefits of a growing property market and pricing or be able to improve a property in the same way as ownership tends to encourage.

At times when home prices are stagnant or even decreasing, it does make perfect sense to rent rather than buy. For a period during 2020 and 2021, Landlords came under severe pressure from rising costs associated with ownership and decreasing rentals, putting the squeeze on their yield.

The Payprop Q2 Rental Index Report provides an excellent analysis of the overall South African rental market and helps us understand where we are in the cycle and the rental escalations that are evident.

The good news for Landlords is that quarterly rental growth has bounced back with the first two quarters of 2023 showing aggregate growth rates of 4.2% and 4.4%. Tenants who may have gotten used to negotiating rentals lower will be surprised this year how rentals will quickly firm up and start to move upwards.

If we analyze the gap between inflation and rental rate growth over the past few years, that wide gap has started to narrow quickly as inflation around 5% is now only marginally higher than the current weighted average national rental growth rate of 4.2%.

Across all nine provinces rental growth rate has been positive. The Western Cape is still South Africa's most expensive province to rent with an average rental rate of R9,730, although growth is at 2.8%.

The Northern Cape growth is currently at 6.8% and the average rental rate of R9,216 – just behind the Western Cape. KZN recorded a growth rate of 4.4% and is South Africa's third most expensive province for renters with an average monthly rent of R8,817.

Gauteng is just behind with an average rent of R8,691. The national percentage of tenants in arrears ticked up to 18.4% but below the peak of 24.9% experienced during Covid in Q2 of 2020.

As a province, KZN has a higher average tenant in arrears at 21% than most. Free State (25.2%) and North West (25%) are more delinquent on average than KZN but the Western Cape has the lowest at 14.4% of tenants in arrears.

Within our immediate Ballito rental market, we have an over-supply of stock within the R12,000 to R15,000 p.m. bracket with the two mega-projects of Ballito Hills and Ballito Village accounting for this surge of new properties to the market.

New is always preferred to older and this does limit the current rental growth of older stock in this price bracket. The highest rentals achieved within our Dolphin Coast market have been done by Seeff Zimbali at R125,000 p.m.



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MEDIATORS

By Saeef Khan
Legal Talk

HIGH COURT
INKANTOLO EPHAKEME



Dire Consequences Of Being In Contempt Of A Court Order

Being in the unfortunate position of having a court compel you to make payment/s to someone is one thing. Not abiding the terms of that court order is quite another thing altogether as a term of imprisonment looms on your radar.

The court ordered that a husband who failed to pay his wife interim maintenance be incarcerated for 14 days by going to the prison over the weekends from Fridays at 15h00 until Sundays at 15h00, until the full period has been served. The couple are presently engaged in divorce proceedings which started as far back as 2018. In 2021 the court granted the wife interim maintenance, which the man failed to abide by.

In June 2023 the court ordered the husband to be committed to prison for a period of 14 days, but suspended it on condition that he complies with the original order within 30 days. Sadly this was not done.

The wife then called for him to be imprisoned for 14 days and that asked that if he failed to provide her with details of all his pension interests, then she must be awarded 100% of her husband's pension interests in his retirement annuities. She would invest the money in any interest bearing account for the duration of the divorce and asked that she be allowed to draw monthly payments from the invested funds of what he was obliged to pay to her.

On divorce the parties would distribute the funds so invested in accordance with the terms of the decree of divorce. The court refused to grant her the relief relating to the pension interests saying that the Pension Funds Act do not allow for this.

However, with regard to the contempt of court application, the court said that as the man was already found to be in contempt of court, the only issue which the court

needed to determine is whether the suspended sentence should now be invoked.

After considering all the facts presented in that matter, the court opined that whilst the husband pleaded poverty and that his business was badly affected by COVID he did not bring any application to vary the Rule 43 application or to take the matter to the maintenance court calling for a reduction of the amount of maintenance.

The court said, "Repeated disobedience cannot be countenanced, as it is an affront not only to the wife but also to the court" and ordered that the man be ordered to serve periodic imprisonment.

Know your rights! The Law Desk of Fawzia Khan and Associates. Giving YOU the Power of Attorney. Call 031-5025670 or email fawzia@thelawdesk.co.za for legal assistance at competitive rates.

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Fawzia is an admitted Attorney, Conveyancer and Notary Public and is a Commissioner of the Small Claims Court. She is also a trained Mediator and is a member of the KwaZulu Natal Society of Mediators



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Mount Edgecombe, (Opp. Golf Course)

ALPINE MOTORS COMES TO BALLITO

By: Tomas Yoko

The motoring giant that is Alpine Motors, the purveyor of great motoring brands like Volkswagen and Audi, and even more so now BYD and BAIC, to mention just a few, recently opened their doors to their Ballito dealership at 8 Moffat Drive in Ballito.

Alpine Motors are famous throughout KZN having built their

dealerships on sturdy principles of excellence and customer orientated services and products. Alpine Motors have car and truck dealerships all over South Africa, with most of their dealerships in KwaZulu Natal. The latest one being in Ballito.

Alpine Motors are now offering the amazing all-electric brand Build Your Dreams BYD in Ballito. The

amazing ATTO 3 model offers a fully electric range of up to 420km with a rapid charging mode that will get you back on the road in under 40 minutes. BAIC is the other brand they are offering from their new Ballito branch, with on of their models being the winner of the South African Guild of Mobility Journalists' Car-Of-The-Year 2023 Compact

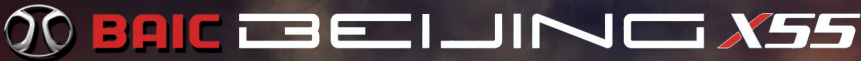
Family category, the BAIC Beijing X55, as well as the amazing B40 Plus 4X4.

Then there's Alpine Cars, their Pre-Owned division, and Alpine Motors have chosen a primo-selection of pre owned cars. No matter what model car you are looking for, Alpine Cars can draw stock from their dealer network

around the country, so give their Sales Executives a call and experience professional friendly service. You can speak to Rivaan on 078 458 0005 or Wesley on 074 212 6347, alternatively you can visit their showroom and feast your eyes on their spotless, low mileage stock on the floor, upstairs at 8 Moffat Drive, Ballito.



The new home of Alpine Motors housing the amazing car brands BYD and BAIC as well as a super selection sparkling of pre-owned models from Alpine Cars. Call them on 087 007 3333 for more information



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"They still hate, they still fight. All we do, despite all our efforts, is put a pause to it, to bury all the dead. People are still the same, the rage inside them is still the same. What we do is not a cure, but mere bandages on the corpses, utterly useless." Swaraj Bhatia



IN THE STARS



Aries March 21 - April 19

Expect to be booked and busy, as you're going to have to turn down a number of invites and soirees. Venus is the socialite of the planetary choir, and she'll be moving into your relationship zone on the 8th.



Taurus April 20 - May 20

From the moment you entered this world, you were gifted with extra sensory senses. Which often can make you feel sensitive to the outside world. Allowing you to inhabit your body in full.



Gemini May 21 - June 20

Your creative spark is on fire, to the point where you might find yourself slipping into the shoes of the free-spirited Clementine From 'Eternal Sunshine of the Spotlight Mind'.



Cancer June 21 - July 22

It's shaping up to be a snug and cosy month for you. When the sensual Venus moves into your home base on the 8th you'll naturally want to redecorate your environment that makes you feel more embodied.



Leo July 23 - August 22

In your personal one to one connections, conscious communication is your strong suit, and you'll know where you stand. Venus enters your house and sets up the right foundations to create the space in your relationships.



Virgo Aug 23 - Sept 22

Significant relationship decisions may be looping on the horizon, especially when Saturn retrograde ends on the 4th. Venus feels her best, when she has the freedom to do what she wants, when she wants.



Libra Sept 23 - October 22

After your toil of tending to your desires, wants and wishes away from the public eye, the spotlight is finally on you. By the time Venus enters your house of identity on the 8th, it's your moment to step into the limelight and make your grand debut.



Scorpio October 23 - Nov 21

Hidden admirers might step out of the shadows, and any unspoken connect that's been quietly brewing may transform into something more 'real' It's akin to the skin of electric, undeniable tension.



Sagittarius Nov 22 - Dec 21

This month is set to be a world wind of social activity for you, with barely a moment to catch your breath. It's essential that you balance all the schmoozing, when Venus enters your house of network on the 8th.



Capricorn Dec 22 - Jan 19

It's no secret that you have a strong desire to ascend Mount Olympus on your career trajectory. As Venus enters your career domain, you'll have the opportunity to redefine your approach to work.



Aquarius Jan 20 - Feb 18

If you've been waiting to book a retreat all year, this is the perfect time to do it. With Venus entering your house of wisdom and expansion, you'll feel drawn to take a break from the mundane so that you can seek spiritual fulfillment.



Pisces Feb 19 - March 20

With Saturn moving directly on the 4th, you'll find that you have the time and clarity to make more grounded and pragmatic decisions about where you want to be. This is your chance to proactively move forward with a step by step plan that doesn't overpromise on what it can deliver.

Qiqa Mzala Reggae Tour



3. C Wayne Nalukalala From Uganda



4. Maveriq Mavo From Azania

The Qiqa Mzala Reggae Tour features reggae artists from throughout Africa who are coming together in song to stand against all forms of war and violence, is heading to KZN with a series of KZN events scheduled for late October.

"Qiqa Mzala Reggae Tour 2023 comes to KZN with South African and international acts from Kenya, Uganda and Tanzania, with the intention of reviving the reggae status in South Africa," said organiser Leigh Van Den Berg from KZN Gigs, Arts and Culture.

The tour comprises Maveriq Mavo (Azania); Becky Muthoni (Kenya); C Wyne Nalukalala (Uganda); Queen Zipporah (Tanzania) and from closer to home: Rastas at Work (ZA); Sizwe Zakwe (ZA) with Bobo Youth (ZA); Italistic (ZA); Sankie Faya Uman (ZA); Roots of Kush (ZA) Teekay (ZA); Armstrong Cele (ZA); Melanin Goddess (ZA); Afrika Cele (ZA) and Ras Zero (ZA). The tour hosts are Shado Mpenbe (Inanda fm); Ras Loid Injegele (Ingwane Fm) Jabulile (Bulungula fm) and Boboman (Soweto fm).

The Qiqa Mzala Reggae Tour is heading to our shores with a series of KZN events scheduled: on Friday 27 Oct they will be at Cool Runnings at 7pm; then to Gibabland with two gigs - on Sat 28 at 4pm and Sun 29 Oct at noon.

"For all the reggae lovers come join us for a weekend of rasta vibes for all to enjoy at Gibabland. The ticket options can even include glamping and camping," said Van Den Berg.

Spicy Romali Therapy

Our Spicy Romali Therapy offers a unique touch therapy that can help you deal with anxiety, stress, and depression.

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At our wellness centre, we provide Spicy Romali Therapy, a therapeutic practice that emphasizes accountability, responsibility, and acceptance. Our safe and secure therapy sessions help individuals overcome their struggles and lead fulfilling lives. Experience our therapeutic methods and find your path to inner peace today.

Our Self-Realization is Self-Healing program offers a unique and holistic approach to wellness that combines ancient Indian techniques with modern body-to-body healing practices. Our experienced and caring practitioners will guide you through a process of self-discovery and inner healing that will help you find your own path to wellness.

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"I have no great fondness for the universe, but I do live there." ?Eliezer Yudkowsky

Hyundai Tucson N-Line Awesome

By: Tomas Yoko

It's no secret that Hyundai is one of South Africa's most loved car brands. And the new addition to its impressive range is the savvy SUV Tucson N-Line. The new Tucson is a striking reminder that the car industry is capable of inspirational innovation, confirming their motto, "Dream big, go bigger in the TUCSON N Line"

Step out in style and sophistication, this compact SUV will make a statement and create beautiful moments wherever you go. Crafted for the discerning urban explorer, Tucson N-Line offers a seamless fusion of refined tastes and thrilling experiences. Its striking design captivates, while its sporty performance and finishes add an edge to your adventures. Whether you're conquering cityscapes or embarking on off-road escapades, the Tucson N-Line takes your driving experience to new heights.

It is a guaranteed comfy ride on the Alloy Wheels. The new Tucson N-Line helps you experience life's beauty, effortlessly, while taking in vista views, sun-kissed by the all-new Tucson's Panoramic Sunroof. It redefines the SUV

space with a captivating design, exemplified by details like LED daytime running lights seamlessly integrated into the 3D parametric-style grille.

The Tucson's generous interiors are filled with useful features. You can look forward to plush Leather Seats, Gear Lever and Steering, which aides a firm grip and comfortable steering.

Seamless integration is a given, and the Tucson has not been left wanting. It features an Infotainment System with Apple CarPlay and Android Auto and a very convenient Wireless Cell phone Charger, which is so useful on long journeys when you just don't want to be bothered with gadgets.

As with every Hyundai vehicle, safety is at the forefront of their innovative design, the all-new Tucson N-Line's beautiful drive features easy to master Cruise Control, Lane Following and Lane Keeping Assist. Blind Spot Detection with Rear Collision Avoidance Assist and Forward Collision Avoidance Assist are just the beginning of their commitment to the amazing Tucson N-Line. Drive it.



Step out in style and sophistication, this compact SUV will make a statement and create beautiful moments wherever you go

Hyundai On Podium In Chile Looking for Speed In Central Europe

Thierry Neuville and Martijn Wydaeghe secured another podium finish for Hyundai Motorsport in a gripping edition of Rally Chile, round 11 of the 2023 FIA World Rally Championship (WRC).

The Hyundai Shell Mobis World Rally Team made the perfect start on Sunday to the final stages. With one eye on Elfyn Evans behind, and the other on closing the gap to their team-mates in second place, Neuville and Wydaeghe were on dominant form. They found a storming rhythm on SS13 (Las Pataguas 1) to extend their advantage to 15.7 seconds and bring the gap to Suninen/Markkula down to under ten. The Finns were not far behind them, and their own committed drive secured a Hyundai Motorsport 1-2 stage finish.

Attentions then turned to SS14 (El Poñen 1), a dress rehearsal for the event's Power Stage. Neuville once again topped the classification as the battle for second truly heated up. Suninen was initially up on his team-mate at the first split, but he lost time with a few slides while driving on the limit. It was another 1-2 finish in stage, and the deficit between them was just 6.7 seconds heading into service. Neuville claimed his third consecutive stage win of the

day, while Suninen clipped a tree stump 7 km into SS15 (Pataguas), bringing a heart-breaking end to a promising weekend for the Finnish crew.

Neuville/Wydaeghe concluded an eventful weekend with the third fastest time through the Power Stage, scoring an additional three championship points, as the final flourish on their seventh podium of the season.

The Hyundai Shell Mobis World Rally Team is returning to tarmac this weekend at the inaugural Central European Rally, with hopes of adding another mark to its podium tally.

The unique, border-crossing rally is the second pure tarmac event of the 2023 FIA World Rally Championship (WRC) and will take place from 26 to 29 October.

The event will see the WRC return to Germany for the first time since the 2019 edition of Rallye Deutschland. As Hyundai Motorsport's factory is based in Alzenau, Germany, the Central European Rally will feel somewhat like a home event for the manufacturer. The team also claimed its first WRC victory on German soil back in 2014. A repeat of this success will be the goal for all Hyundai Shell Mobis.



World Rally Team three crews: Thierry Neuville/Martijn Wydaeghe, Esapekka Lappi/Janne Ferm and Teemu Suninen/Mikko Markkula

A fresh new Grand i10, and a sedan to boot



Two well-rounded packages that are hard to beat. Hyundai's entry-level Grand i10 hatchback offering is one of the best in its class, and it has now been sweetened by the addition of the Grand i10 sedan with its spacious boot. They will catch your eye with their bold stance and refreshing, contemporary designs. With prices starting at R229 900.

Hyundai Springfield
1 Royal Palm Avenue, Springfield
Tel. 031 203 1500

Hyundai Umhlanga
2 Jubilee Grove, Umhlanga Ridge
Tel. 031 566 4422

Hyundai Ballito
24 Moffat Drive, Ballito
Tel. 087 035 5533



KWAZULU-NATAL
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EDITORIAL

KZN SHARKS BOARD MARITIME CENTRE OF EXCELLENCE THE TOURISM DESTINATION
AT UMLANGA OFFERS EDUCATIONAL AND ENTERTAINMENT ACTIVITIES.



KWAZULU-NATAL
SHARKS BOARD
Maritime Centre of Excellence

The KwaZulu-Natal Sharks Board Maritime Centre of Excellence (KZNSB) was established in 1964, strives to be a leader in environmentally sensitive protection of bathers against sharks and capacity building in the maritime sector.

KZNSB safeguards 37 beaches on the KwaZulu-Natal (KZN) coastline with shark safety gear owned and maintained by the KZNSB. The organisation positions itself as "The Only Organisation of Its Kind in the World. The organisation has achieved distinguished accomplishments in its existence, defining the organisations successes towards achieving its' mission.

KZNSB offers a dynamic audio -visual presentation. Although the 26 minutes presentation is designed to entertain, it is also educational, providing information on subjects such as the sensory biology of sharks and their role as top predators in the marine environment. The show is followed by a shark dissection where you can see the internal anatomy of one of the ocean's most feared predators. "SHARK"

SHOW TIMES Tuesday to Thursday: 09h00am and 14h00pm, First Sunday of the month: 14:00pm

BOAT TRIPS

There are also boat trips to venture out to sea to watch the shark safety gear off Durban's Golden Mile. Boat trips lasting for an estimated two hours, leave Wilson's Wharf at 06:30 and they include opportunistic viewing of marine life including seabirds and get to see the beautiful, magnificent Moses Mabhida Stadium.

SHARK MUSEUM They get a chance to view the large variety of life-like replicas of sharks, as well as other marine animals.

CURIO SHOP You can browse around the Curio Shop where a treasure chest of unusual and stylish gifts awaits you, including handcrafted ornaments, T-shirts, Caps, leather goods and jewellery and shark tooth necklaces etc.

VENUE HIRE

The KwaZulu-Natal Sharks Board Maritime Centre of Excellence is in the affluent residential, commercial and resort town of Umhlanga in the north of Durban. This venue is not too far from the King Shaka International Airport. The venue offers a versatile auditorium of 19m x 19m that can accommodate. Reception/ party seating and Minimum of 160 guests and maximum 300 guests. Presentations: Seating cinema style up to 300 people. The hall hire comes standard with:

- ◆ Exclusive use of the venue inside and an exquisite outside location to consider for use at no extra costs
- ◆ Armless chairs
- ◆ Tables
- ◆ Fully equipped kitchen
- ◆ Secure parking
- ◆ Cleaning staff
- ◆ Security
- ◆ We are ideally situated close to the freeway: with access to and from the N2 and M4.

Bookings: (031) 566 0435 for Dissection Shows, 082 403 9206 for Boat Trips, (031) 566 0462 for Hall Hire or visit our website: www.shark.co.za

